

SHAC Annual Report to the Board of Trustees

April 13, 2012

SHAC:

- Required of each school district by law
- Majority of members must be parents not employed by the school district
- Chair or Co-Chair must be a parent (Kristin Ballard – Chairperson)
- Must be comprised of at least 5 members
- Must meet at least 4 times annually
- Must report to the board of trustees at least once annually
- Members make recommendations to educational leaders and the board regarding the eight components of a coordinated school health program:
 - Health instruction
 - Healthy school environment
 - Health services
 - Physical education
 - School counseling
 - Food services
 - School site health promotion for faculty and staff
 - Parental involvement

2011-2012 Accomplishments:

- Approved the recommendation of a new coordinated school health program for grades K-8 at AISD called "Healthy and Wise"
- Promoted the following health initiatives: Health Matters – Complete Blood Analysis, Flu Immunizations, Scan Specialists, Blood Drive, Breast Cancer Awareness Month Activities, Red Ribbon Week, Child Lures – Sexual Abuse victim awareness program, Bullying programs, Abstinence Program – Living Choices (extended to 8th), HS health classes learning CPR, Dating Violence Program.
- Improved SHAC Website to promote the eight components.
- Researched and analyzed the nutrition and frequency of food-oriented fund-raisers at AISD.
- Used the School Health Index to analyze "School and Nutrition" and "Family and Community Involvement" and make goals.
- Currently using the School Health Index to analyze district's "Counseling" programs.