

# **SCHOOL HEALTH ADVISORY COUNCIL**

**Aledo ISD  
2017-2018**

# PURPOSE AND REQUIREMENTS OF THE STUDENT HEALTH ADVISORY COUNCIL

- From TEC 28.004[a]:

The purpose of the School Health Advisory Council (SHAC) is, *“...to assist the District in ensuring that local community values are reflected in the District’s health education instruction.”*

- From TEC 28.004[m]:

The School Health Advisory Council (SHAC) shall, at least annually *“...submit a report to the Board on the activities of the SHAC during the period between the date of the current report and the last prior report.”*

# REPORT BY SHAC MEMBERS

- **Rebecca Dority**

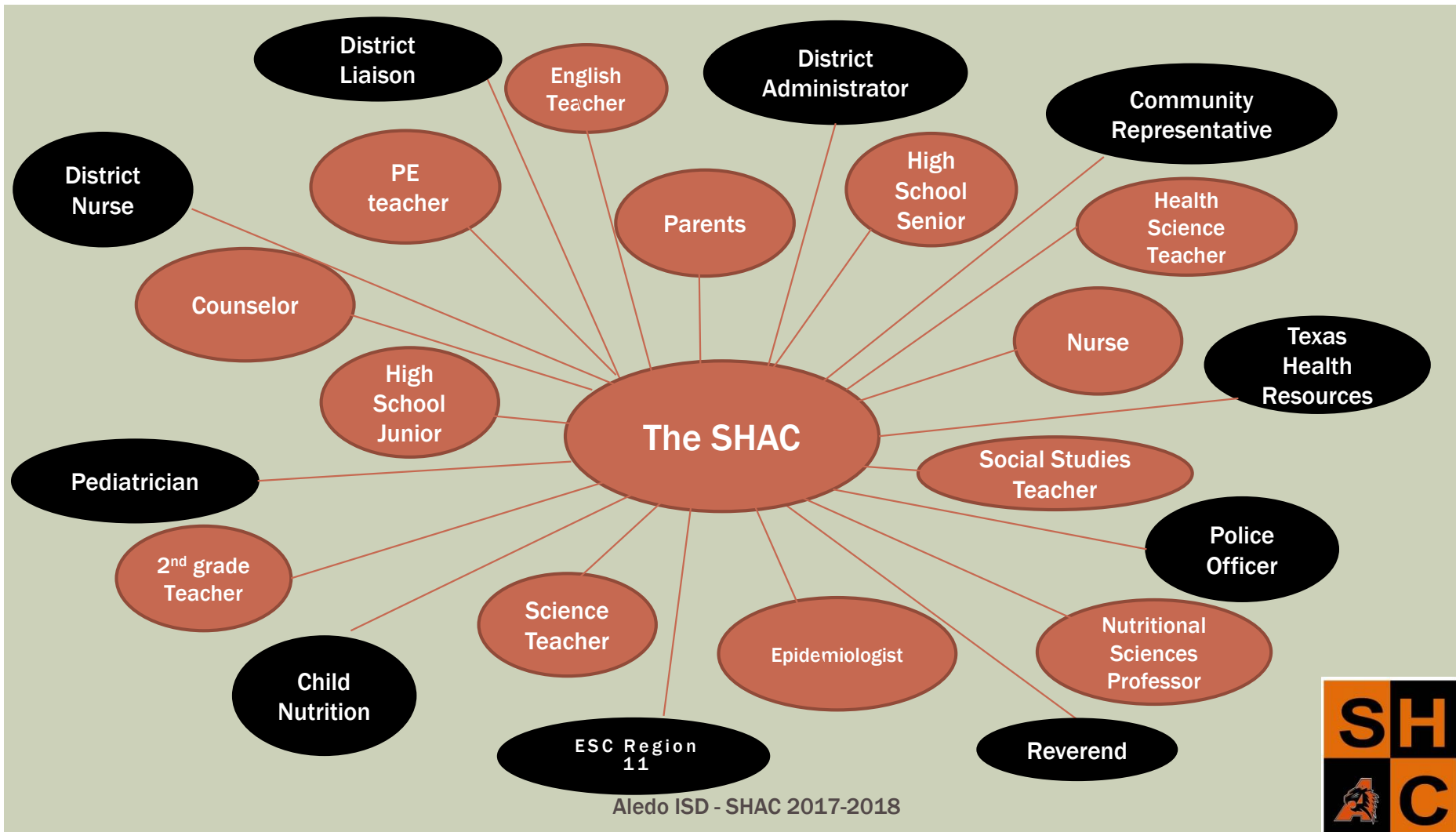
Parent representative @ McCall Elementary

- **Tracy Lambert Jack**

Parent representative @ Stuard Elementary



# SHAC MEMBERSHIP



# SHAC BYLAWS

- Recommended amendment to SHAC bylaws stating McAnally Intermediate School would have a minimum of one parent representative as it was newly a single-grade campus; this language and practice would match the language and practice regarding the Daniel Ninth Grade Campus.

Amendment was put to vote and approved 21-0



# PS, IT'S MY BODY

- Program provides abuse awareness information to students in grades K-4
- Program content is similar to previously used *Play It Safe* program; *Play It Safe* was grant-funded, but grant-funding changed and was going to begin to cost Aledo ISD \$100/presenter per day
- *PS, It's My Body* covered very similar content and came at no cost

*PS, It's My Body* was put to vote and approved 18-1

- *PS, It's My Body* was voted on by the Board of Trustees and approved 7-0 on October 16, 2017

# LIFELINE SUICIDE PREVENTION PROGRAM

- Up through and including 2017-2018 school year, Lifelines was provided within High School-credit HEALTH courses offered in grades 8-12
- Beginning in 2018-2019, the High School-credit HEALTH course will no longer be available in 8<sup>th</sup> grade
- Request and recommendation to present LifeLines program to all students at AMS in 2018-2019 and begin presenting to all 7<sup>th</sup> grade students beginning in 2019-2020, delivered during CAT time

Request was put to vote and approved 18-1



# ALWAYS CHANGING

- The *Always Changing* videos – separate for girls and boys – address changes that take place during puberty
- The previous approval for use of the videos was for the Intermediate level; at Intermediate level, the videos were shared with 5<sup>th</sup> grade students
- With 5<sup>th</sup> grade students moving back to elementary level, SHAC sought to approve the videos for use at the elementary level as well and continue practice

Request was put to vote and approved 18-0



# 2017 TEXAS SCHOOL SURVEY OF DRUG AND ALCOHOL USE

- Overview included results of Aledo ISD's participation; comparisons of results from state survey in 2016 and AISD survey in 2015
- Plans for how to address levels of use were shared and included:
  - Community engagement with local churches and youth groups
  - Expanding use of SHAC- and Board-approved program called *Too Good For Drugs*
  - Consideration of expanding random student drug-testing program



# CHILD NUTRITION

- Patty Willhite, Child Nutrition Director, provided samples of food available through Child Nutrition department in Aledo ISD
- Members received information on Child Nutrition department including
  - laws that govern menus
  - promotional activities
  - safety procedures and training provided to Child Nutrition staff

# CULTURAL INCLUSIVENESS PLAN

- Background information and timeline of plan development, SHAC approval, and presentation to Board of Trustees were reviewed
- Trustees were presented with the development process of the plan, the crosswalk with TEKS and School Counselor competencies during a joint workshop with SHAC and Board
- Suggestion to reconsider competencies 3.3 and 3.4 of plan was discussed

New competencies would read as follows:

- 3.1 – Students and staff will demonstrate an understanding of the practices and perspectives of different cultures, which may include opportunities for the school community to participate in diversified activities that highlight elements of ethnic cultures (such as language, religion, food, dress, etc.)
- 3.2 – Students and staff will demonstrate an understanding of culture by effectively applying knowledge of other cultures when communicating, which may include opportunities for members of the school community to participated in unification activities that promote inclusiveness

Rewording was put to vote and approved 15-1

- Discussion to contemplate the Board's request to consider changing the name of plan

# WELLNESS POLICY

- Kathy Allen, Executive Director of Curriculum & Instruction, gave an overview of the current AISD Wellness Policy
- The proposed revisions to the Goals and Objectives of the Aledo ISD Wellness Policy were shared with members to review during the meeting
- Group work and discussion followed to review elements of the Aledo ISD Wellness Policy
- Suggestions and considerations to consider in the Wellness Policy for the 2018-2019 school year were compiled and summarized



# MEMBERSHIP PREVIEW FOR 2018-2019

- Member terms and projected vacancies on the SHAC for next school year were presented and discussed
- The process for determining and nominating for vacant positions was reviewed



# QUESTIONS

