

**Davis/Summit Head Start**  
**Policy Council Minutes**  
October 23, 2024

**Welcome:** Julie Reed, PC Chair, welcomed everyone and established a quorum. We went over October Training PC minutes. Motion to approve made by Melissa Hunter, 2<sup>nd</sup> by Miranda Carter, passed unanimously.

- Missy Hunter, PC Secretary, went over the Policy Council Budget – Motion to approve made by Taylor Arnold, 2<sup>nd</sup> by Talita Sales, passed unanimously.
- Julie explained that this year’s Policy Council theme is We Are Family and we want to work together as a Policy Council. We want to figure out “What is our Why”. We will be focusing on Conscious Discipline and the 7 powers.
- Brett Lund explained that they are learning about Social Emotional in your child’s class and how to regulate their emotions. They learn that from us. Conscious Discipline is the program we use to teach the Social Emotional learning. It starts with you as parents to help them learn to regulate emotions. We want to help parents understand that you have the power in yourselves to be the example to your children. We will be focusing on the 7 powers this year to help us act instead of reacting. Hopefully everyone has heard about the “star” that your kids have brought home as a way to breathe and calm down. We want to make sure that what they are learning in the classroom is what they are learning at home. Each month we will be focusing on a different Power, and you will be able to go back to your classroom and share the information with your parents. Q-Tip – Quit Taking it Personally – when you are in a stressed place. One of the powers is **Intention**. Intention is a powerful energy that enters the situation before you do. It is important to be consciously aware of your intention when you are delivering the consequence. Brett discussed a little about Intention.
- Brett explained a little about what the role of the Chair is in the Be There. If you can take maybe 10 minutes to go over the business it gives time for the class activity. Each class will do it a little different for whatever works best for their class. Family Advocates will have the Conscious Discipline materials, so don’t feel like you have to do it.

Paola Reyes went over September Budgets. We are currently 25% through our Continuous Grant year. Head Start (7320) has spent 18% of the total budget, and Head Start Training (7318) is 25% spent. EHS (7314) is 21% spent, and EHS Training (7315) is 22% spent. In-Kind for Head Start is at 20% and EHS is 20% received. Went over the Credit Card report. Motion to approve budgets made by Taylor Arnold, 2<sup>nd</sup> by Melissa Hunter, passed unanimously.

**Director’s report** – Heather Linehan – excused Marianne Henderson, she’s out of town at a training.

- ✚ New Hires: Sherry Lore – HS TA (floater), Brooklyn Thompson – EHS TA (floater), Cassie Macfarlane – EHS TA (floater), Merlaine Waldron – HS TA @ Woods Cross. Motion to approve by Jamie Curtis, 2<sup>nd</sup> by Paulina Granillo, passed unanimously.
- Heather went over the enrollment report. HS Enrollment is currently at 98%. Program is currently serving 396/401 Head Start children and families, with 44 on IEP’s and 116 on waitlist. EHS Enrollment is at 100%. We are currently serving 101/101 Early Head Start children and families, 5 are currently on an IFSP, and 133 on waitlist. Attendance for EHS Center Based was 90%, Head Start was 89%, EHS Home Visits was 83% and EHS Socializations was 15%. Heather explained that Head Start has

attendance threshold at 85% because it has been proven what a difference attendance makes in your child's education. Heather explained what Socializations are. They are just for EHS Home Based classes and they have a socialization twice a month. There are a variety of reasons why that attendance is so low, transportation being a main barrier, which is why some are in Home Based classes.

- ✚ USDA Reimbursement for September is Head Start \$808.28 – YTD is \$1006.72 Early Head Start \$1444.30 – YTD is \$2375.44.
- ✚ Heather explained what the Self-Assessment is, and asked for volunteers to be on a focus group to help with the Self-Assessment.

## Community Reps

- **DSD School Board – John Robison** – Discussed the importance of voting on all levels. There are currently 4 school board positions open during this election. Please research the candidates that you feel would be the best candidate to support our education system. There is a program they have developed in the District called Belonging. They will be working with Head Start staff to work on implementing that program. We will talk a little more about that in November.
- **Davis County Health Dept – Teri Sory** – They have several things currently going on. This month was injury prevention. They did some fire training and some of your kids may have visited the fire station. DEA is doing a drug take back in a couple of days. Go to this website for more information about where you can drop off medications. <https://www.dea.gov/takebackday>. Health Dept. is doing an emergency prep survey this Saturday from 9 – 11 am, so if someone comes to your house, please answer their questions if you're comfortable doing so. This is a link to Health Dept website <https://www.facebook.com/DavisCountyHealth/>.
- **WIC – Mindy Box** – WIC just celebrated 50 years. Nationwide they are on an online program now, so participants don't have to go into the office to load WIC benefits on their cards. Passed out fliers about to see about qualifying for WIC. Discussed a program - MCH where the nurses will go into homes and do screenings from Birth to 8. Play and Learn will be at Layton library on Friday. If you have questions please reach out. They are all working on getting more programs down to the south end of the county.
- **Utah State University – Amberly Lambertsen** – Create Better Health – they are teaching in our classrooms so your kids will learn about My Plate. This helps the kids learn why it's better to eat healthy and what the different foods do for them, etc. They also have a variety of classes throughout the community. Amberly passed out business cards so you can reach out to her if you have any questions.
- **Bountiful Food Pantry – Tryn Hunt** – shared News from the Field.
- **WFS – Solomon Scheidell** – Provide lots of services. Manage SNAP, Medicaid coverage, Child care resources. Also help with job searching, resume writing, help parents get back to school with financial help. They can help pay the fees for DCLC for classes also. They can help with a multitude of things. They help with Cold Blue for the homeless. If you have any specific questions, please see him afterwards or reach out to them.
- **DCLC – Val Lopez** – ESL Classes at the Community Center - \$100 for the entire year. Next registration is November 5. GED Classes also offered for \$100, you have to do the original screening at Canyon Heights, but you can take the class at DCLC. Learn to Play class – they are meeting at the FEC North – it is a free program, including circle time, sensory time, it's a group for moms. Also have Welcome Baby which is a free program.

### News from the Field:

**Bountiful Food Pantry – Tryn Hunt** – Their goal is to help anyone that is having food insecurity. They do have income guidelines, but they won't turn anyone away that really needs food. They do not require information on the first visit, the first trip is just to see what the food bank has. They have a whole market not just food boxes. They will require identification, proof of residence and proof of income to register. They are there for everyone though, so if you have a need, please see them. They are starting a new process where they are doing 3 "free" visits before they will register you. Once you are registered – you get 2 visits a month, they ask that you renew your account after a year. Email documents is the fastest way, if you want to get registered. They are starting their Sub for Santa program, so if you are in Davis County and have a need, please go visit them. Please share their information with your families. Their address is 480 E 150 N, Bountiful. They do have a mobile bus that goes to locations around North Davis County, you can look up times and dates if needed. The locations are on their website. **Bountifulfoodpantry.org** They are working to get more Spanish translators. They have them on some shifts, but not all. Check the website for hours. You do not have to be a Davis County Resident to use the Food Pantry.

- Melissa resigned as PC Executive Secretary. She is moving to Idaho. She thanked everyone for blessing her life and the opportunities she's had in the last few years.
- Held an election for the PC Secretary.

**Jamie Curtis**

Motion to adjourn made by Melissa Hunter, 2<sup>nd</sup> by Kelsi Clawson, passed unanimously.

**Important Dates to Remember:** Family Literacy Night – Thursday, October 4 – 6:00 pm; FISH Activity at Treehouse Museum on Saturday, November 2<sup>nd</sup> @ 11 am.

**Next Policy Council meeting will be November 20<sup>th</sup> at 6:00 pm.**

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Policy Council Chair – Julie Reed