



Healthy Learning Hours/Start Times Superintendent Committee 2023-24

Purpose:

To review healthy learning time research and make informed recommendations, including secondary start times, that promote the overall health, well being and and learning for students, staff and families.

Rationale for Study:

In support of the social, emotional, physical and academic well-being of our students, and in alignment with the social emotional goals in the district strategic plan, administration is investigating school start times. A [growing body of research](#) indicates a later start time, no earlier than 8:30 a.m., is healthier for secondary aged students. Currently, both Okemos High and Chippewa Middle Schools are not aligned with the research as they have start times of 7:45 and 8:00 a.m., respectively.

Outcomes:

- Understand current research
- Consider factors that promote healthy learning times, including start times
- Understand the past options looked at by the district
- Understand the districts' transportation system and its impact on start times
- Review survey and engage community to better understand the impacts of following two start time options that meet the research:
 - Move all start times later
 - Flip flop elementary and secondary start times
- Work one model for implementation
- Establish a timeline for the change, if one is made
- Communicate outcomes with community and seek feedback

[Committee Materials](#) (Google Drive that will be updated throughout the process.)

Tentative Process:

Fall – Overview of research, past presentations, and surveys, two models to consider

Meeting Dates:

November 1, 8-11 am
November 20, 1-4 pm
December 12, 4-6 pm

Okemos Board Room, Admin Building

Winter – Education and Feedback on Model. Negotiate approach.

Spring- Present recommendation to Board, action by Board.

Members

John J. Hood- Superintendent
Dr. Hanne Hoffman, MSU Professor, Parent
Kristen Hundt, Katie Cavanuagh, Teresita Blanca, Jane Manfredi, Jessica Savage, Corrinne Dyksen- District Parent Council
Lara Slee, DEI
Ken Hintze, Okemos Athletic Director
Dr, Dan Kemsley, OHS Principal
Andre' Ridley, CMS AP and Athletic Director
Steve Stierley, Kinawa Principal
Kelly Sundeen Elementary Principal
Corrine Karpinski, Transportation
Jody Noble, CMS Principal
Mario Martinez, Human Resources
Kim Burchman, Community Ed
Kelly Bianchi, Community Ed/Operations
Lori Mazullo, Teacher
Cori Akers, Counselor
Adam Clements, Teacher
Cory Gahsman - Teacher
Laura Kueffner - Teacher

Additional Resources:

Mark Fargo, Operations
Emily Swirsky, Food Service
DEIAC
Students
Safe Routes
Meridian Police

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