

Stillman Valley Athletic Department

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SVHS

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Date: April 4, 2014
To: Mr. Caposey, Mr. Voltz, Mr. Smith, Mr. Larson, Mr. DeVries, Mr. Flynn,
Mr. Glendenning, Mrs. Youman, Mrs. Welden
CC: Dr. Willis
From: Michael Reagan
RE: SVHS Activity/Athletic Handbook

Thank you for agreeing to evaluate and analyze the Activity/Athletic Handbook. This process is to carefully and comprehensively review the handbook to see if there are any changes or new topics that require discussion due to new legislation or a problem that has arisen during the year.

The 2013-2014 handbook and proposed changes has been shared with coaches, advisors, administration, and community members. The mission of the group was to provide insight and opinion in an advisory capacity to the Stillman Valley High School administrative team.

Please review the enclosed handbook and feel free to contact me with any questions, comments, or other proposals.

Targeted Areas of the Activity/Athletic Handbook

- P. 2 – Remove Assessment Project
- P. 3 – Fundamentals of Good Sportsmanship – Remove #6, second set, which is blank.
- P. 3 – Acceptable Behavior. Redundant with section 8 and 17.
- P. 4 & 5 – IHSA Eligibility Rules. Move to the end of the handbook.
- P. 6 – Introduction, B. Should the handbook cover students year round?
- P. 6 – C. Delete with the elimination of JH sports.
- P. 6 – Section 2, E. Remove Be a sport Campaign.
- P. 6 – Section 3, A. Remove word scholastic as the Meridian policy is more stringent than IHSA.
- P. 6 – Section 3, B. Remove GPA calculations and use number of “F’s” received.
- P. 7 – Reinstatement Program. See proposal on P. 11.
- P. 8 – Athletic Awards, A, 2. Remove individual sport handbooks.
- P. 8 – Athletic Awards, B, 1. Remove sports pin for multiple times. 1 sports pin to be given over a career.
- P. 8 – Athletic Awards, C, 1. Fix “s” to “S.”
- P. 8 – In Good Standing, Coach makes final decision. Redundant?
- P. 8 – How are the awards going to be paid for 14-15?**
- P. 9 & 10 – Male/Female Athlete of the Year Award. 1. Eliminate most of the criteria and leave professional decision making process to head coaches and administration. Decision should be based on athletic achievement, character, and integrity. In case of ties, use number of sports played throughout high school and awards received.
- 2. Announcement of winner should take place prior to Seniors leaving school. Spring sports when successful will not be completed by the end of the school year. Ideally, the announcement would come at the SR Awards Night.
- P. 10 – Senior Night. Remove wording regarding game date.
- P. 11 – Attendance at Awards Night. Remove as this is a coach’s expectation.
- P. 11 – Practice Requirements. Add wording of administrative discretion can be made and final.
- P. 11 – Athlete’s Behavior During Practices and Games, A. Wording not correct.
- P. 11 – Athlete’s Behavior During Practices and Games, E. Does this exist?
- P. 12 – Expulsions. Remove from handbook as expelled students are not IHSA eligible.
- P. 12 – Cut Policy. Add playing time is guaranteed.
- P. 12 – School Uniforms. Implement a card system for athletes being issued and turning in equipment.
- P. 12 – Transportation Policy. Add Administration discretion.
- P. 13 – Player/Coach/Parent Communication Guidelines, A. Spell first correctly.
- P. 13 – Player/Coach/Parent Communication Guidelines, B. Add items not appropriate to discuss.
- P. 14 – 17 – Code of Conduct and Target Policy. Combine into one policy and fix spelling errors.

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**STILLMAN VALLEY HIGH SCHOOL
ATHLETIC OUTCOMES**

Outcomes of Participation in SVHS Athletics

- Social Emotional-Respect, Discipline, Enjoyment, Belonging, Good Character Development, Hard Work, Team Work, Pride, Sportsmanship, Friendship, Life Skills, Leadership, Confidence, Skill Development, Effort, Humility, Passion Team Membership, Feeling of Success, New Friends, Joy, Fun, Mentoring, Accountability, Community Pride.
- Intellectual-Effort, Team Work, Pride, Sportsmanship, Life Skills, Leadership, Goal Setting, Healthy Lifestyle, Learning to get along.
- Physical-Effort, Hard Work, Team Work, Sportsmanship, Life Skills, Skill Development, jFitness, Healthy Lifestyle.

Outcome Statements Social-Emotional Domain

- Stillman Valley Athlete's will have the opportunity to learn good character development skills, discipline and learn how to be committed to team goals.
- Student Athletes at Stillman Valley High School will exhibit good character by showing respect to others, being accountable, growing discipline, resulting in success of being a team player contributing to team success and community pride.

Outcome Statements Physical Domain

- Through hard work in the Stillman Valley Athletic Program, students will be exposed to the value of maximizing focused effort to ensure a healthy lifestyle during and beyond their high school careers.
- The Athletic Department is committed to providing Athlete's that promote students improvement in their specific sport, enhancing an athlete's awareness of the positive impact of hard work, attention to detail and the ability to deal with adversity and tools that will e used in life as well as in competition.

Outcome Statements Intellectual Domain

- The Stillman Valley Athlete, as a result of participation, will have the opportunity to learn and to apply leadership skills through a better understanding of teamwork, goal setting and mentoring.
- The Stillman Valley athletic program is committed to developing student leaders who will engage challenging and measurable goals through a collaborative team effort.

Assessment Project

- Fine tune the outcome statements that were created by the committee.
- Work with the committee to develop an assessment tool to be administered to all Varsity athletes.
- Analyze the data that is collected through the assessment tool.

Was this process worthwhile? A lot of time and energy went into establishing the program but I have not heard any desire to keep it.

Meridian C.U.S.D. Board Policy #8-.40

Board Adoption Date: 6-10-93

Effective Date: 8-1-93

FUNDAMENTALS OF GOOD SPORTSMANSHIP

As a member of the Illinois High School Association, the school Board of Meridian Community Unit School District #223 recognizes the importance of emphasizing **GOOD SPORTSMANSHIP** in all aspects of school related activities. With this in mind, the following are fundamentals of good sportsmanship in all activities that many fans, spectators, participants, staff members, and parents are not always aware of:

1. Gain an understanding and appreciation for the rules of the event/contest.
2. Exercise positive representative behavior at all times.
3. Recognize and appreciate skilled performances regardless of affiliation.
4. Exhibit respect for all spectators, participants, coaches/sponsors, and officials.
5. Openly display respect for the opponents at all times.
6. Openly display pride in your actions at every opportunity.

Unacceptable behavior shall include, but not be limited to, the following types of conduct and such conduct as may be designated unacceptable from time to time by policy of the Board of **Education**:

1. Insubordination to referees, coaches, or other school personnel supervising the activity.
2. Fighting, intimidation of, or attempt to intimidate, referees, coaches, players or participants, or spectators.
3. Throwing debris or littering the playing field or facility.
4. Verbal abuses or use of profane or obscene words or gestures during a game or activity.
5. Disruptive behaviors or conduct.
6. Remove this empty number

ACCEPTABLE BEHAVIOR

Meridian Community Unit School District #223 will not tolerate any violations of the above "Fundamentals of Good Sportsmanship" by anyone before, during, or after any interscholastic contest or other school related activity in our district or at any other place our students are competing/participating. If anyone has a concern regarding any part of our athletic or activity program, they must comply with the following procedures:

1. Call or notify the appropriate coach/advisor or administrator of your concerns or questions during normal school hours. During or immediately after an event is NOT the proper time to raise questions or concerns about a program.
2. A conference or meeting, at a mutually agreed upon time, will be scheduled to discuss/address the concerns or questions. All effected persons will be invited and encouraged to attend.
3. A written report or summary of the meeting will be forwarded to all persons attending.

Redundant with section 8 and 17.

VIOLATIONS-CONSEQUENCES

Violations of any of the above “Fundamentals of Good Sportsmanship” or “Acceptable Behavior” guidelines may result in any or all of the following consequences:

1. Possible immediate removal from the contest or activity.
2. A complete investigation by the administration including, but not limited to, telephone or personal interviews with all people involved.
3. Violation consequence recommendations, which could include exclusion from all Meridian C.U.S.D. #223 activities/facilities for a period of one week to one year, may be made by the administration to the School Board at a regularly scheduled Board meeting. All parties involved in an incidence resulting in recommended exclusion, will be notified in writing 10 days prior to the Board meeting hearing and shall be given an opportunity to appear at the Board meeting to state their case.

Page 4 and 5 are IHSA Eligibility rules and should be at the end of the handbook.

I. INTRODUCTION

- A. This Athletic/Activity Handbook covers:
1. Grades 9-12
 2. In and out of school hours from the first day of fall pre-season practice through the completion of any spring state final.
 3. In or out of any sport/activity seasons.
 4. All high school clubs, organizations, athletic teams, classes and activities
- B. This Athletic/Activity Handbook does not cover:
1. Students during the summer months.
 2. Exceptions would be when students from Stillman Valley High School attend a summer sport/activity camp when Stillman Valley High School is used on the application form. Examples would be summer basketball leagues or camps for basketball, poms, cheerleading, football, and volleyball.

Should we uphold the standards during the summer months, or between seasons as stated in the target policy?

THE ADMINISTRATION, COACHING/ACTIVITY STAFF, AND THE BOARD OF EDUCATION STRONGLY SUPPORT DRUG, ALCOHOL, AND TOBACCO FREE ACTIVITIES FOR THE ENTIRE CALENDAR YEAR, NOT JUST THE SCHOOL YEAR.

C. If a violation occurs in the eighth grade year and results in a suspension that carries over into the ninth grade, that suspension will be completed in the ninth grade, but will not count as a violation of the High School Athletic/Activity Code.

Can be deleted if no JH sports

II. ATHLETIC/ACTIVITY OBJECTIVES

- A. To balance athletics and other extracurricular activities with all other students academic responsibilities and considerations.
- B. To encourage, build, and promote both the individual's moral character and physical development.
- C. To develop in each participant a feeling of pride, a sense of accomplishment, and a desire to excel within the ethics of the sport/activity.
- D. To develop excellent athletic teams and extracurricular programs of which the participants, school, and community can be proud.
- E. To promote a high regard for hard work and good sportsmanship. Help promote the **BE A SPORT** campaign.

What is this campaign?

- F. To promote alcohol, drug, and tobacco free activities for all students/athletes through the high school **TARGET PROGRAM**.

III. ELIGIBILITY

- A. The student must meet the **scholastic** and other requirements set by the Illinois High School Association (IHSA) in order to compete in interscholastic activities or to participation in any extracurricular activity at Stillman Valley High School. Eligibility will be checked weekly.
- B. **Weekly Eligibility**-In order to maintain eligibility, students will only be allowed to receive one failing grade on the weekly report.
- Semester Eligibility**-Students will need to have a **GPA calculated by the grades received during the previous semester of 2.0 or higher AND no failing grades.**
- Eligibility Reinstatement Program**-Students that do not meet the eligibility requirements will be able to participate in the Eligibility Reinstatement Program.

A. Wording needs to be eliminated due to the more stringent policy of Meridian CUSD 223. IHSA eligibility is to be passing 25 credit hours, or 5 classes.

STILLMAN VALLEY HIGH SCHOOL ACTIVITY ELIGIBILITY REINSTATEMENT PROGRAM

1. Student and parent/guardian will meet with school officials to initiate the process to re-establish eligibility. This meeting will include a review of why the student was not able to meet the eligibility standard during the first/second semester of the school year. This meeting will also include commitments that the student will make to meet eligibility standards. The students and parent will also be required to fill out and sign off on an eligibility reinstatement sheet.
Reasons for not passing should be evaluated throughout the year.
2. Student will need to meet the following conditions and academic requirements to re-establish eligibility.
 - a. After the three week grading period the ineligible student becomes eligible by meeting the 2.0 grade point average threshold and is not failing any courses.
 - b. Student meets weekly eligibility requirements.
 - c. Student meets the 2.0 grade point average threshold and is not failing any courses at each three week grading period or will become ineligible for the next three week grading period.

Proposal

1. Students who fail 1 or 2 semester classes would be able to regain eligibility only through the buy-back plan.
2. Credit earned in summer school, correspondence classes, or credit recovery may NOT be applied to extra-curriculum eligibility.
3. Students who want to regain eligibility through the buy-back plan would be ineligible for 11% of the competitive season starting with the beginning of the next semester sport or activity.
4. A student must be in a sport or activity to participate in the buy-back plan and complete season in good standing.
5. Once a student who is completing the buy-back plan has successfully fulfilled the three-week plan with no F's, that student is then placed back on the weekly eligible plan for all students.

IV. ATHLETIC AWARDS

A. General guidelines

1. Athletes will receive awards only if they complete the season in “good standing”.
2. See individual sport handbooks for additional letter criteria.
3. One set of numerals can be earned while in high school.
4. One sophomore “s” can be earned while in high school.
5. One varsity “S” can be earned while in high school.

B. Varsity Letters

1. With the first varsity letter earned the athlete will receive a varsity “S” plus a sports pin and a participation certificate.
2. The second time an athlete has earned a varsity letter in the same sport; the athlete will receive a sport pin and a second year certificate.
3. The third time an athlete earns a varsity letter in the same sport; the athlete will receive a sports pin and a third year certificate.
4. The fourth time an athlete earns a varsity letter in the same sport; the athlete will receive a sport pin and a sport plaque.

C. Sophomore Letters

1. One sophomore “s” plus a participation certificate and a sports pin will be awarded the first sport.
2. Second and third sophomore honors earned in the same year will result in a participation certificate and a sport pin.

D. Freshmen Letters (Numerals)

1. A set of numerals indicating the year the freshman graduates plus a participation certificate and a sports pin will be awarded the first sport.
2. Second and third freshman honors earned in the same year will earn a participation certificate and a sport pin.

IN GOOD STANDING

The coach will make the final decision on the awards given to students. In good standing refers to;

1. The student finished the season with the team.
2. All equipment and uniforms have been returned or replaced at present day cost.
3. The student has remained eligible throughout the season; both academic and disciplinary.
4. The student has attended all practices and games on a regular basis.
5. The coach may give the student his/her awards if injury or illness has prevented him/her from actively finishing the season with the team.
6. Any other provisions, rules, etc. as stated in individual sport handbooks.

E. Most Valuable Player (or an award decided upon by the coach) and Most Improved Player

1. Decided by the team and/or coaching staff.
2. Awards provided by the Meridian Athletic Booster Club.

1. Do you need sport/activity specific rules if we have a district policy?

2. Athletes should only received 1 pin for a sport. A bar should be reflected after multiple Varsity seasons.

3. Fix “s” with “S”.

- 4. Coach making final decision is redundant.
- 5. How are these awards going to be paid going further based on the boards 13-14 decision not to fund?

**STILLMAN VALLEY HIGH SCHOOL
ATHLETE OF THE YEAR AWARD
MALE/FEMALE**

Each school year we will honor one male and one female as the Athlete of the Year for their participation and achievement in our athletic programs during their senior year. In order to be considered for this prestigious award the athlete must have participated in a minimum of 2 school sponsored sports. The award will be figured using 3 separate sections: Athletic Achievement Points, Negative Points, and Personality Quality Points. All 3 point totals will be added together to determine the winner. The voting for this award will take place as soon as all spring sports have finished their season. The criteria for earning or forfeiting points will be as follows:

Athletic Achievement Points

- 1 point for each sport completed
- 2 points for participating in 3 sports
- 2 points for participating on a Conference Championship Team or being the Conference Champion
- 2 points for qualifying in more than one event in the state track or swimming meet (do not add 2 points for every event qualified)
- 3 points for qualifying for sectional wrestling, track, swimming, or cross country
- 4 points for participating on a Regional Championship (team or individual) or Football playoff team
- 4 points for being voted to the All-Conference Team (excluding honorable/special mention)
(Track if you medal (top 6 individual/top 3 relay) or Cross Country if you medal (top 15))
- 5 points for participating on a team that wins their first game in Sectionals.
- 6 points for participating on a Sectional Championship (team or individual) advancing to the 2nd round of football
- 6 points for State Qualifiers (Track, Wrestling, Swimming, Cross Country, Golf)
- 8 points for participating on a Super Sectional Championship Team/quarter-finals football
- 8 points for placing in the top 8 as an individual
- 10 points for participating on a team that places in the top 4 of the state tournament
- 10 points for placing in the top 4 places of an individual sport
- 10 points for achieving All-State Recognition (including honorable/special mention)

Example:

Participated in Football, Basketball, and Track	5	points
State Qualifier in Track (long jump, 400 relay)	8	points

Football Team Advanced to the Semi-Finals	10	points
Basketball Team Won Regionals	4	points
	<hr/>	
	27	
Target Violation	-5	points
	<hr/>	
	22	points

Personal Qualities

(Coaches will vote only for the athletes from their programs.) (Programs that have more than one coach voting will have their scores averaged with the coaches from that program.)

Example: 4 Basketball coaches voting, 6 football coaches, and 1 track coach

FB Coach #1	Total Score	22 points	BB Coach #1	Total
Score	20 points			
FB Coach #2	Total Score	24 points	BB Coach #2	Total
Score	21 points			
FB Coach #3	Total Score	23 points	BB Coach #3	Total
Score	23 points			
FB Coach #4	Total Score	24 points	BB Coach #4	Total
Score	23 points			
FB Coach #5	Total Score	21 points	TR Coach	Total
Score	23 points			
FB Coach #6	Total Score	23 points		

Average 22.45 points

	(Low)	(High)
1. Character	1 2 3 4 5	
2. Citizenship	1 2 3 4 5	
3. Sportsmanchip	1 2 3 4 5	
4. Leadership	1 2 3 4 5	
5. Dedication	1 2 3 4 5	

QUALITY POINTS _____

Negative Points

5 points for a Target Violation

Removal from consideration for a second Target Violation

Removal from consideration for a 10 day suspension or expulsion

TOTAL POINTS (Both sections subtracting any negative points)

****Only ties of 3 or more will be broken. If 2 people tie, both athletes will receive the award.**

Tie Breakers

- 1. Personality Quality Points (added together and averaged)**
- 2. Number of sports played senior year**
- 3. Number of sports played Jr. and Sr. year combined**
- 4. Number of Varsity Letters Earned**

Proposal

1. Eliminate most of the criteria and leave professional decision making process to head coaches and administration. Decision should be based on athletic achievement, character, and integrity. In case of ties, use number of sports played throughout high school and awards received.
2. Announcement of winner should take place prior to Seniors leaving school. Spring sports when successful will not be completed by the end of the school year. Ideally, the announcement would come at the SR Awards Night.

V. SENIOR NIGHT

- A. Seniors will be honored at a selected game each year. **It will usually be the last home game of the season.** The purpose of this night is to recognize the senior players and their parents for their participation, cooperation, and effort in the sports season they are playing. The Meridian Athletic Booster Club will sponsor sports plaques for the parents.
- B. It should be noted that seniors are not guaranteed playing time on a selected senior night, but they will be introduced with their parents before the game.

Proposal

1. Remove line to allow SR night to be moved as needed.
2. Individual sports will be discussed to maximize the schedule.

VI. ATTENDANCE AT AWARDS NIGHT

Athletes will be encouraged by the coaching staff to attend the awards night after the season is completed. It is part of the athlete's team responsibility to attend. If the athlete is going to miss the awards night they should contact their coach and let them know why they will be missing the awards night.

Eliminate as these are coaches expectations

VII. PRACTICE REQUIREMENTS

- A. Students involved in athletic activities must be in attendance at school for a minimum of **TWO** classes in order to practice or participate in activities that day. (Exceptions will be made for pre-arranged appointments.)
- B. Students that practice on a team before the regular school day begins must attend the two morning class periods or the day will be considered an unexcused absence. Students who go home and come back to school late will have an unexcused tardy.

Proposal

Administration discretion can be made and will be final

VIII. ATHLETE'S BEHAVIOR DURING PRACTICES AND GAMES

A. It is the athlete's responsibility to learn and demonstrate proper athletic behavior. Such behavior can be described as actions by players which promote cooperation and learning during practice. Which encourage a profitable work ethic, and which results in an excellent competition coupled with good sportsmanship on the playing field.

Wording not correct

B. The coaching staff, for the benefit of the team and community, prefers not to tolerate the actions of players who show a lack of concern for the above behaviors and attitudes. Therefore, if improper behavior is observed in practice or game situations, corrective disciplinary action will be taken.

C. The coaches will establish guidelines to determine what corrective disciplinary action will be taken.

D. Any athlete who uses profanity toward an administrator, faculty member, or any district staff during the school day or at a school sponsored event will be disciplined based on the punishment in the student handbook.

E. Players, parents, and coaches/advisors should refer to the District Sportsmanship Policy which includes guidelines to good sportsmanship, violations, and disciplinary action.

Does this exist?

IX. STUDENT DISCIPLINE POLICIES

The Stillman Valley High School Athletic Department has the philosophy that students are students first, athletes or participants second. When disciplinary measures are warranted due to unacceptable behavior, it is the responsibility of the student to take care of the consequences prior to continuing activities. Please refer to the Student/Parent Handbook. Although some of the consequences are listed and explained herein, additional consequences may be used as needed.

A. DETENTIONS

Detentions will be served from 2:25 pm to 2:55 pm Tuesday and Thursdays. If a student does not serve an assigned detention they will be ineligible to practice/play/participate in that day/evening's activities. The student may also be given a Saturday School detention.

B. SATURDAY SCHOOL DETENTION

Saturday School will be from 8:00 am to 10:00 am or 8:00 am to 12:00 noon. Students assigned a Saturday detention are required to serve on the exact time and date assigned and prior to participating in any activities for that day or evening. Students arriving late will not be permitted to attend that session and will be considered to have missed. Students that miss an assigned Saturday School detention may be suspended up to 5 days out of school for insubordination.

C. OUT OF SCHOOL SUSPENSION

1. The student/athlete will be able to make up homework and tests for the classes they miss during the days he/she was suspended from school.
2. Students who are suspended out of school will not be allowed on campus for the entirety of the suspension. Students are not allowed to practice, play, participate or attend any school activities on or off campus. Students may not ride on a school bus to or from a school sponsored activity.

D. EXPULSIONS

See Student/Parent Handbook.

Students who are expelled are not IHSA compliant. Remove.

X. QUITTING THE TEAM

Any player who chooses to quit a team/organization should do so by giving notice verbally or in writing to the coach/advisor. Emotional decisions made on the spur of the moment should be taken into consideration by the student, parents, and coach/advisor involved.

XI. CUT POLICY

- A. Student athletes will not be cut from any sport or activity at the freshman or sophomore level.

Add – Playing time is not guaranteed

- B. Tryouts may need to be conducted by the head coach to determine the varsity team. Coaches or advisors may cut the varsity squad based on the following criteria:
 1. Overall talent and ability
 2. Character & personality of the individual
 3. Work habits and loyalty to the programs
 4. Positions needed on the team or activity

XII. CARE AND RETURN OF SCHOOL UNIFORMS AND EQUIPMENT

- A. All Uniforms and equipment issued to the athlete must be returned within **ONE WEEK** after the last game of the season.
- B. Lost or stolen items are the responsibility of the player, and he/she must pay the present day replacement cost of any items issued but not returned.
- C. Any returned items, which have been damaged, not as a result of normal wear and tear, must be replaced or repaired. The replacement or repair bill becomes the responsibility of the student.
- D. No awards are to be given to the athlete until all equipment and uniforms issued to him/her have been returned and accounted for.
- E. No athlete will be allowed to begin the next athletic season, or any high school activity, until all equipment and uniforms have been returned and accounted for or paid for at present day cost if lost or damaged.

Implement Equipment Card System. Each athlete is given a card to hand to their next coach to demonstrate all equipment has been turned in

XIII. TRANSPORTATION POLICY

- A. In order to promote team spirit, all athletes are encouraged to ride the bus to and from all away games.
- B. It is strongly recommended that Fresh/Soph players stay for the varsity contest before leaving the game site with their parents.
- C. Players may leave the bus after a game if their parent, guardian, or a parent of a teammate signs the Parent Transportation Request Form that the coach will have after every away game. **Students may not under any circumstance ride home from an activity with another student.**

Add administrator discretion.

- D. If an emergency arises and the parents are not at the game, the coach can make an exception to allow the student to leave.
- E. Coaches should notify the team if they plan on stopping to eat after a game.

XIV. BUILDING SECURITY GUIDELINES FOR ATHLETES

- A. Athletes are to report to their respective locker rooms and practice area as soon as the school day is over.
- B. After practice, the athletes should go into their locker room to change, take a shower, and secure their padlocks.
- C. When the above is completed they should leave the high school building as soon as possible. If they are waiting for a ride, they should be picked up in front of the high school building. They can wait in the multi-purpose room until their ride arrives.
- D. Athletes are not to be in the hallways before or after practice. They should take their books and belongings to the locker room after school to stay out of the hallway after practice is over.

XV. DRESS CODE

- A. Proper dress by the athletes at home and away games is very important to the image of Stillman Valley High School athletes.
- B. Coaches may implement a dress code that stresses proper dress to and from a game. The school dress code should be used as a guideline for proper dress. The head coach may implement standards above the school dress code. Consideration will be given to athletes who cannot meet certain financial requirements to purchase certain types of clothes.

XVI. POST-SEASON ACTIVITIES

The following will be provided for students that compete or participate in IHSA sponsored activities/events:

- A. Transportation to and from the activity.
- B. Lodging, if necessary, with four students per room.

XVII. PLAYER/COACH/PARENT COMMUNICATION GUIDELINES

- A. If a player has a concern or question about the sports program or an activity, they should contact the coaching staff or advisor **firs.** first

- B. If the parents or guardians of the player/student have any questions or concerns about their son/daughter or the program, they should contact the coaching staff/advisor at a time that can be mutually agreed upon. Immediately after a contest or event is completed is not considered a mutually agreed upon time by the coaching staff/advisor.
- C. If the player and parents have gone through the coaching staff/advisor about their concerns and questions and want to take their concerns to another person, they should contact the **Athletic Activities** Director before going directly to the Principal, Superintendent, or School Board.
- D. Many problems can be avoided by going through proper communication channels.

Proposal

Add – The following issues are NOT appropriate to discuss with coaches: playing time, team strategy, play calling, and other student-athletes.

XVIII. ATHLETIC/ACTIVITY CODE OF CONDUCT

A. Conduct and Personal Integrity

This includes but is not limited to the following: Disrespect, insubordination, abusive language, negative attitude, gang symbolism, improper behavior, fighting, improper dress, theft, conviction for criminal offenses, destruction or loss of equipment, vandalism, lying, or other conduct determined by the Extra Curricular Board to cause embarrassment or criticism of the team or school.

B. The Extra Curricular Board:

1. The Extra curricular Board shall be comprised of:
 - a. **For Athletics:** All head coaches/the participant’s immediate coach (if other than head coach), the **athletic Activities** Director, and a member of the administration other than the Superintendent.
 - b. **For Activities:** All advisors, sponsors, activities director, and a member of the administration other than the Superintendent.
2. The following procedures will be followed for each incident referred to the extra curricular board:
 - a. A participant will be informed of a suspected violation by the violation circumstances involved, and previous discipline history pertinent to the proceedings. Whatever action is taken, a follow-up letter outlining the board’s decision will be sent to the athlete, parents, and respective coaches.
 - b. Appeal Process: A decision by the extra curricular board involving a suspension may be appealed in written form to the Extracurricular Council. Any such appeal should be submitted to the Athletic/Activities Director within (30) days of the receipt of the notice of suspension. The Extracurricular Council shall be comprised of the Superintendent and the Board of Education.
 - c. Range of Consequences:
 1. Conference with the player/student and coach/sponsor.

2. In the case of a repeat offense, a conference with the parent, student, and coach/sponsor may be requested.
3. Temporary suspension from practice/contests.
(Temporary is any suspension less than one calendar week)
4. Suspension of 25% of the season (determined by number of contests).
5. Suspension for remainder of the season.
6. Suspension for remainder of the season and 25% of the next season.
7. Withhold athletic letter.
8. Monetary restitution for vandalism, destruction of property, etc.

*A decision concerning items 3-7 requires a majority decision from the Extra Curricular Board.

Proposals

1. Combine the Code of Conduct and the Target Program. Many of the violations in the Code of Conduct are punishable by team and/or coach rules.
2. Clean up wording.

THE TARGET PROGRAM STATEMENT OF PHILOSOPHY

Stillman Valley High School recognizes the use of alcohol, tobacco, and drugs as a significant health problem for many students, resulting in negative effects on behavior, learning, and the total development of each individual. The misuse and

abuse of alcohol, drugs, and **robacco** for **some students** affects academic growth, achievement, activities participation and the development of related skills. Others are affected by the misuse and abuse by family, teammates, schoolmates, or significant persons in their lives.

Stillman Valley High School, along with the National Federation of High School Associations, believes the close contact of coaches/advisors to students in activities provide a unique opportunity to observe, confront, and assist them.

It is the philosophy of Stillman Valley High School that students should be encouraged and supported in their efforts to develop and maintain an alcohol, drug, and tobacco free lifestyle.

PURPOSE

The purpose of the TARGET program is:

1. To emphasize concerns for the health and safety of students while participating in activities and the long-term physical and emotional effects on their health.
2. To promote a sense of order and discipline among students.
3. To confirm and support existing state laws, which restrict the use of alcohol, drugs, and tobacco.
4. To establish standards for conduct for those students who are leaders and standard bearers among their peers.
5. To assist students who desire to resist peer pressure which directs them toward the use of alcohol, drugs, and tobacco or being present where such substances are being consumed, distributed, or used illegally.
6. To assist students who should be referred for assistance or evaluation regarding their use of alcohol, drugs, and tobacco.

THE TARGET PROGRAM AND ATHLETIC/ACTIVITY HANDBOOK

COVER:

1. Grades 9-12
2. In and out of school hours from the first day of fall pre-season practice through the completion of any spring state final.
3. In or out of any sport/activity seasons.
4. All high school clubs, organizations, athletic teams, and activities.

THE TARGET PROGRAM AND ATHLETIC/ACTIVITY HANDBOOK

DOES NOT COVER:

1. Students during the summer months.
2. Exceptions would be when students from Stillman Valley High School attend a summer sport/activity camp when Stillman Valley High School is used on the application form. Exacmples would be summer leagues or camps for basketball, poms, cheerleading, football, baseball, wrestling, volleyball etc.

THE ADMINISTRATION, COACHING/ACTIVITY STAFF, AND THE BOARD OF EDUCATION

***STRONGLY SUPPORT DRUG, ALCOHOL, AND TOBACCO FREE
ACTIVITIES FOR
THE ENTIRE CALENDAR YEAR, NOT JUST THE SCHOOL YEAR.***

POSSESSION: DRUGS/ALCOHOL/TOBACCO

Any student who is: *USING, BUYING, SELLING, DELIVERING, OR IN PERSONAL POSSESSION OF:*

1. Illegal drugs which includes any type of mood altering drugs
2. Legal drugs taken inappropriately
3. Tobacco
4. Alcohol
5. Any look-alike mood altering chemicals or paraphernalia, and/or is PRESENT where illegal activity is being conducted, will be considered in POSSESSION according to the Stillman Valley High School Target Program.
The question of present and therefore in possession will be determined for each student involved in the incident.
Should an extra-curricular participant find him/herself in a situation where illegal activities are taking place, that individual will be considered to be an active participant in those activities if he/she fails to leave the situation as soon as they become aware of those illegal activities.

VIOLATIONS

When an investigation determines that a violation has occurred, the student will be suspended for at least ONE CALENDAR WEEK from all athletic contests and school activities that they are a member of including sponsored by organizations/activities listed in the athletic/activity handbook (homecoming dance, prom, and junior/senior banquet are not included). Students may practice with their team/activity, but will not be allowed to dress or participate in the competition/activity. The following process will be used in dealing with an alleged violation:

1. The principal or his/her administrative designee will investigate the alleged incident to get all the facts and determine whether a violation has occurred. The principal or his/her designee will notify the parents as early in the investigation process as possible.
2. If it is determined that a violation has occurred, the student and the parents or guardian will be informed of the violation of the TARGET policy.
3. The student and the parents or guardian will decide which option they will choose. This must be done in writing no later than seven days after parents have been notified of the violation. If this does not occur, Option Two will be enforced.
4. If the student and the parents or guardian decide to take Option 1, agrees to schedule an appointment with aChemical dependency counselor with the scheduled suspension and must notify the principal or athletic director of the time and date of this appointment.
5. Violations cover a student's entire high school career.

FIRST OFFENSE

OPTION 1-The student will be suspended for one calendar week. The student along with the parents or guardians agrees to be assessed by a student assistance Program (SAP) authorized and approved by the School Administration. The sole cost of this program will be the responsibility of the student and/or parent.

OPTION 2-The student is suspended for six calendar months from being a member of all teams/activities.

PROBATION:

A student may petition the principal or his/her designee if that student goes one calendar year without a second violation. If the student satisfies the probationary period and the petition is accepted, the student will be placed back at the zero violation step without the chance of probation. Probation is available only on the first offense. If probation is violated, the student will be placed at the second offense step.

Proposal

1. Eliminate Probation and make this a step program. First offense leads to second, etc.
2. Implement a self-reporting policy for athletes who have not reached step one

THE ASSESSMENT PROCESS FOR OPTION 1

A student that chooses option one agrees to schedule an appointment with a chemical dependency counselor within the scheduled suspension and must notify the principal of the time and date of this appointment. The student must participate in the assessment process (the cost of any and all assessments will be the responsibility of the student and/or parents) and follow the counselor's recommendations to completion. If treatment or counseling is recommended, it must be completed with confidentiality so that verification of this assessment and a written report can be given to the principal. It is the responsibility of the student and parents to keep the principal apprised of the student's progress throughout this entire process. The student must follow the prescribed program or the consequences of option 2 will go into effect immediately.

Proposal

1. Wording needs to be cleaned up

SECOND OFFENSE

OPTION 1-The student will be suspended six calendar months from being a member of all teams/activities. The student along with the parents or guardians agrees to be assessed by a Student Assistance Program (SAP) authorized and approved by the School Administration. The sole cost of this program will be the responsibility of the student and/or parent.

OPTION 2-The student is suspended for twelve calendar months from being a member of all teams/activities.

Proposal

1. Move from 6 to 12 months

THIRD OFFENSE

OPTION 1-The student will be suspended **twelve calendar months** from being a member of all teams/activities. The student along with the parents or guardians agrees to be assessed by a Student Assistance Program (SAP) authorized and approved by the School Administration. The sole cost of this program will be the responsibility of the student and/or parent.

OPTION 2-The student is suspended for the remainder of his/her high school career.

Proposal

- 1. Move from 12 months to career.**

FOURTH OFFENSE

The student is suspended for the remainder of his/her high school career.

Proposal

- 1. Incorporate in Third Offense**

PROCEDURE AND REVIEW PROCESS

In any cases involving violations of the TARGET program, the following procedure shall be used:

1. The principal or his/her administrative designee will investigate the alleged incident to get all the facts and determine whether a violation has occurred. The principal or his/her designee will notify the parents as early in the investigation process as possible.
2. If it is determined that a violation has occurred, the student and the parents or guardian will be informed of the violation of the TARGET policy.
3. If requested, the principal or his/her administrative designee will conduct a hearing pertaining to the violation involving the parents/guardian and student. The student and parents/guardian will be given an opportunity to respond to any or all of the violation charges.
4. If the parents/guardians are dissatisfied with any penalty decision, they may set up a review with the principal.
5. If the parents/guardians are dissatisfied with any penalty decision coming from the principal, they may set up a review with the board of education.

Proposal

- 1. Combine with Code of Conduct**

REVIEW OF THE ATHLETIC/ACTIVITY HANDBOOK

The TARGET PROGRAM will be reviewed annually as part of the athletic/activity handbook.

The Athletic/Activity Handbook policy has been constructed to work in conjunction with the **ppolicies and procedures in the student handbook. The student handbook will serve as the primary resource for the extracurricular board in the event of policy or procedural questions.

ATHLETIC/ACTIVITY TARGET AND HANDBOOK PLEDGE SHEET

Students involved in Athletic/Activities will receive a handbook at one of the Cardinal Summit meetings or in homeroom the first week of school. Your Pledge sheet can be found on line in the SVHS Athletic Packet.

**ATHLETICS, CLUBS AND ORGANIZATIONS
AT
STILLMAN VALLEY HIGH SCHOOL**

Academic Team Scholastic Bowl

Band

Baseball

Basketball Girls/Boys

Cheerleading/Football/Basketball/Competition

Chess

Chorus

Cross Country

Fall Play

FFA

Football

French Club International Club

Free Yourself Eliminate?

Freshmen Class Officers/President/Vice President/Secretary/Treasurer

Golf Girls/Boys

Junior Class Officers/President/Vice President/Secretary/Treasurer

Math Team

Musical

National Honor Society

Outdoor Club

Peace Club Eliminate?

Poms Fall/Winter

Reading Buddies

Renaissance

Senior Class Officers/President/Vice President/Secretary/Treasurer

Student Council

Soccer Girls/Boys

Softball

Sophomore Class Officers President/Vice President/Secretary/Treasurer

Swimming Girls/Boys

Track Girls/Boys

Volleyball

Wrestling

Wrestling Statisticians Eliminate. Part of team

WYSE Team

Yearbook