



Adult Lifelong Learning

Positive Happenings August 2013

*I am indebted to my father for living,
but to my teacher for living well.*
Alexander the Great

Forest Lake Area Schools Community Education is fortunate to be able to hire and retain highly qualified instructors. Many work at an entirely different job during the day while maintaining certifications and qualifications that allow them to be recognized as professionals in their role as instructors in Community Education.

When instructors were asked why they teach Community Education classes, here is what they said:

I teach because it gives me purpose, and because there is little more satisfying than sitting in the high school media center on a Monday night around a table with twenty or so people who each have something important to share, and who are each eager to hear the thing that each of the others has to share. Teaching this class, and being in this class, is deeply meaningful. Something exists where nothing did before. I'm grateful for the opportunity, don't take it for granted in the least. It has changed a tiny piece of the world, and I hope to continue teaching in this program for as long as I am welcome.

Holly Harden
Writing Instructor since Fall 2006



I teach for Community Ed to encourage, inspire and empower our community to lead happy and healthy lives. I absolutely love to watch the group's fitness level and confidence grow with every class!

Ann Smith
Cardio Kickboxing Instructor
since Fall 2006



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I like to teach Zumba to be able to connect myself with the Latin culture and try to share my passion for Latin music with my students. I have had many different students and have made a very strong friendship with two women who are in their 60s and have been coming to class since I started teaching at Forest Lake. Seeing them move and dance with style makes me happy. Besides them, I really enjoyed having one of the girls from the special education program (LINK). Even though she has some disabilities and has difficulty coordinating you could see her enjoyment with the music. Those moments motivate me to continue teaching.

Maria Tovar
Zumba Instructor since Fall 2008

I feel privileged to be an instructor for Community Education classes. It allows me to reach and help so many people become healthier. Kids and grandkids worry a lot about losing their loved ones who smoke. Also, when a weight loss student returns and hugs me and says "thanks" because they have lost weight and regained their self-confidence I am always thankful I had the opportunity through Community Ed to reach their life. Each testimonial I receive from a changed student confirms to me - this is what I was meant to do and what makes me feel good in my heart. I may not earn a lot of money, but, I love what I am doing. I have met so many wonderful people, Community Ed Staff and students. The Community Ed classes are an asset to their community for people who want to learn or become healthier.

Dr. Mary Fischer D.C.H., CHt., New Way Hypnosis Clinic
Lose Weight and Stop Smoking with Group Hypnosis Instructor since Winter 1996

For more information about the Adult Lifelong Learning program,
please contact Laurie Drolson at Ldrolson@flaschools.org or (651) 982-8334.