

**ROBSTOWN INDEPENDENT SCHOOL DISTRICT
AGENDA ACTION SHEET**

Date: September 9, 2024

Subject: Presentation of School Health Advisory Council 2023-2024 Annual Report

Administrator Responsible: Melissa Chavez

Position: Director of Health Services

A. Purpose of Agenda Item:

Information Only

Action Needed

B. Authority for this Action:

Local Policy _____

Law or Rule _____

C. Strategic Objective, Goal, or Need Addressed:

D. Summary: Each year the Student Advisory Committee must report activities conducted on behalf of student's health and well-being throughout the District. The attached document contains the details of the 2023-2024 School Health Advisory Council meetings.

E. Alternatives Considered: N/A

F. Comments Received: N/A

G. Administrative Recommendation: That the board acknowledge the 2023-2024 School Health Advisory Council Annual Report presented.

H. Fiscal Impact and Cost:

I. Monitoring and Reporting Time Line:

RISD School Health Advisory Council

ROBSTOWN ISD



23-24 Annual Progress Report

August 26, 2024

Melissa R. Chavez, BSN, RN
Director of Health Services
Board Director- TSNO



RISD SCHOOL HEALTH ADVISORY COUNCIL

Mission: Foster exceptional family resources, health care, education, and the well-being of our students, staff, and community.

Vision: Serving to encourage and educate our students, staff, and community in order to improve and maintain health, nutrition, and wellness.





What is a SHAC?

A SHAC is a group of individuals representing segments of the community and school district which provides advice to the district on coordinated school health (CSH) programming and its impact on student health and learning.

School Health Advisory Council

Every independent school district is required by law to have a school health advisory council (SHAC). Members are made up of staff from various departments and parents who are not employed by the school district.

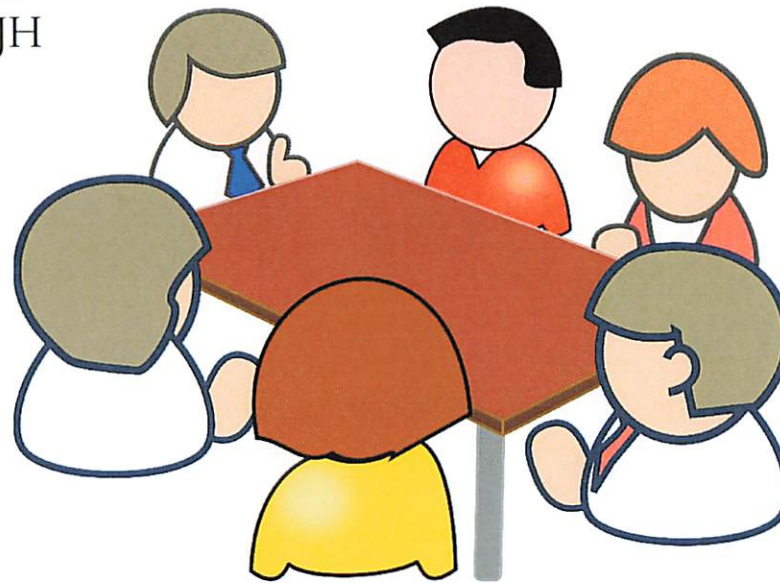
Texas Education Code
Title 2, Chapter 28, Section 28.004



Robstown SHAC Members 2023-2024

Parents/Community Members

Ricardo Bosquez, President
Anisa Chavera, Principal SJH
Rosalinda Lira, Coach SP
Erika Ramon, RN Seale JH
Gloria Hernandez
Kristy Elizondo
Melissa Guerrero
Melissa Ramon
Roberta Aguilar
Michelle Rios
Lorraine Ordonez
Lori Aguilar
Paula Rocha
Graciela Trevino
Tammy Silva



Coordinated School Health

Eight Components of the Whole School, Whole Community, Whole Child Model

- Health Education
- Healthy and Safe School Environment
- Counseling and Mental Health Services
- Parent and Community Involvement
- Staff Wellness Promotion
- Health Services
- Physical Education
- Nutrition Services

Texas Education Code
Title 3, Chapter 38, Section 38.013





2023-2024 SHAC Meeting Dates

1. 10-18-2023
2. 12-06-2023
3. 02-14-2024
4. 04-24-2024

(Minimum of four meetings required annually)

Speakers & Events:

Dr. Eric Baggerman-Amistad Clinic, RISD Physician Liaison- Covid updates, RSV, Immunizations, childhood obesity, nutrition recommendations, Allergies, eat, sleep, and exercise.

RISD Nursing Department- Health and wellness updates, immunization updates, flu clinics, TSNO conference, yearly screenings, yearly reports,

RISD Social Workers-mental health first aid, suicide awareness, grandparents raising children conference, cotton closet, cozy cotton Christmas, My Voice, summer coverage, food pantry, back pack giveaway

RISD Food and Nutrition-Nutrition program, cooking contests, online menus, feedback from students, Fruit and vegetable program, summer lunch

RISD Coaching Staff- Physical education, catch program, health, runners club, fitnessgram

RISD Safety and Security-Safety and security updates, reporting, new police department updates, bullying prevention, anonymous reporting, AED and Stop the Bleed, CPR, Narcan/Fentanyl trainings

Benito Portillo, Assistant Principal, RECHS CTE Program Director- Student input, health science students, culinary students

Other important guest speakers:

Nueces County Public Health District, American Heart Association, Radiology & Associates, Majesty Outdoors, Texas Health & Human Services, Texas A&M Agrilife Extension Service, Driscoll Health Plan, Keach Library, Robstown Police, Robstown Fire

RISD SHAC Goals

1. Increase number of parents, employees, and community leaders at meetings (PI)
2. Continue to have student input/participation at all meetings
3. Include members of school administration to attend meetings throughout the year
4. Continue wellness activities, on site vaccine/flu clinics for staff, screenings, referrals and reports
5. Continued security information & updates from our security director and local law enforcement agencies.
6. Maintain our coordination of care, including physical and mental awareness, with our social workers, Physician liaison, and area providers resources
7. Meal choices and lunch menu updates from Nutrition department, summer lunch program
8. Summer activities, runners club



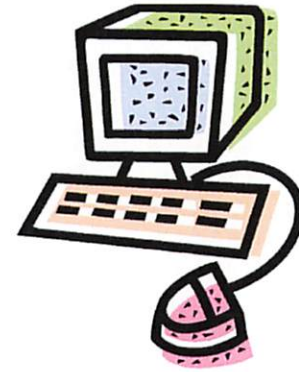
TEC Requirements

TEC, §28.004(d-1), addresses SHAC meeting requirements. For each meeting, the SHAC is required to:

- ✓ Post notice of the date, hour, place, and subject of the meeting on a bulletin board in the central administrative office of each campus in the school district at least 72 hours before the meeting
- ✓ Ensure that the notice of the date, hour, place, and subject of the meeting is posted on the district's website at least 72 hours before the meeting Prepare and maintain minutes of the meeting that state the subject and content of each deliberation and each vote, order, decision, or other action taken by the SHAC during the meeting
- ✓ Make an audio or video recording of the meeting
- ✓ Submit the minutes and audio or video recording of the meeting to the district not later than the 10th day after the meeting
- ✓ Strengthen and utilize SHACs to support the implementation of all school health policies and practices.

RISD Information

- ✓ The Robstown ISD SHAC website:
www.robstownisd.org
- ✓ Minutes and agendas of all meetings can
be found at : www.robstownisd.org
(Click “Health Services” Tab then “SHAC”)



This presentation was developed by the RISD SHAC committee with the Texas Department of State Health Services, Texas School Health Advisory Committee on June 1, 2023. For additional information about this presentation, contact www.dshs.state.tx.us/schoolhealth/shadvise.shtm.

Links to external sites appearing in this presentation are intended to be informational and do not represent an endorsement by the Texas Department of State Health Services. The sites also may not be accessible to people with disabilities. For information regarding this presentation, contact the School Health Program at 512-776-7279 or email schoolhealth@dshs.state.tx.us.

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