



**GOVERNING BOARD AGENDA ITEM  
AMPHITHEATER UNIFIED SCHOOL DISTRICT NO. 10**

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**DATE OF MEETING: November 13, 2018**

**TITLE: Tucson K-6 Fitness Day**

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**BACKGROUND:**

Many Amphitheater elementary schools accepted a challenge from Mayor Jonathan Rothschild to participate in Tucson K-6 Fitness Day on November 13, 2018. Students at Nash and Keeling Elementary Schools danced through their recess time, Innovation Academy offered a parent/child obstacle course before school, Coronado students participated in a “Walk and Talk” on the track, Walker Elementary students invited parents to their morning milers program and used music to motivate movement during recesses, and Copper Creek will have a fitness field day on November 14<sup>th</sup>.

We are fortunate in Amphitheater that the public supports physical education in the elementary schools. All of our schools have a certified physical education teacher on staff for weekly instruction for all students. In addition, all students have at least 30 minutes of recess per day, not including their weekly physical education class, and “brain breaks” integrated into classroom transitions throughout the day.

We appreciate the Mayor’s commitment to promoting well-rounded instruction for children.

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**RECOMMENDATION:**

This information is provided for the Governing Board’s information.

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**INITIATED BY:**

**Dr. Roseanne Lopez**  
Associate Superintendent for Elementary Education

**Date: November 6, 2018**

**Todd A. Jaeger, J.D., Superintendent**

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