

**Wylie Elementary School  
Coordinated School Health Program  
2010-2011**

**Nutrition Services:**

Staff prepares/serves nutritional meals (breakfast/lunch) each day.  
Vending machines are limited to teacher workrooms; no student access.  
Cafeteria has signage promoting healthy food choices.

**Health Services:**

Wylie Elementary has a full time nurse who provides the following:

- Health screenings (vision/hearing)
- Immunization compliance
- Health education
- Sick child care/emergencies
- Medication management
- Case management of students with special health needs
- Disease surveillance/prevention of infectious diseases

**Healthy and Safe School Environment:**

Custodial staff keep facilities clean and grounds well groomed. Repairs are performed on a regular basis. School crosswalks are painted yearly. Outside doors are locked during the day with the only entrance through the office. Parents are required to check in on a computer and a camera takes their picture. All staff and substitute teachers have been fingerprinted. Additional security cameras are being installed at all school entryways. Rod Pruitt, ESC 14 consultant held an in-service for all staff on crisis preparedness. Mrs. McPherson heads up the Campus Crisis Committee and provides training for all staff every August. Fire drills, shelter in place and lockdowns practiced periodically.

**Counseling and Mental Health Services:**

Wylie Elementary has a full time counselor who provides individual and group counseling for students and resources for parents and teachers. The counselor also works with community groups to provide programs for students about staying safe (WHO: We Help Ourselves; Bicycle and Seatbelt Safety with DPS trooper Sparky Dean, etc.) and programs designed to improve student self esteem, such as Wylie High PALS. Staff is provided training on identifying and reporting child abuse.

**Staff Wellness Promotion:**

The school gym is open during lunch and after school for staff to use. Staff weight loss contests have been promoted with prizes given. The cafeteria provides a salad bar at lunch for staff. All staff members and anyone living in the district have access to the Wylie "Dog House" for fitness use.

**Parent and Community Involvement:**

Parents, community, and the school work together through PTO (Parent Teacher Organization), campus and district site base committees. The school communicates with parents and community through teacher and principal newsletters, websites, teacher/parent conferences, notes and phone calls.

**Physical Education:**

135 minutes of weekly physical activity is provided for all students by physical education teachers. Students also participate in 20 minutes of recess on the playground each day, weather permitting. Students also participate in the American Heart Association's Jump Rope for Heart and Junior Achievement's Laps for Learning.

**Health Education:**

Students learn that personal health decisions and behaviors affect health throughout life. Students learn age appropriate material about health, with emphasis on the importance of proper nutrition and exercise in the classroom. Objectives can be found in the Texas Essential Knowledge and Skills (TEKS) for each grade level.