



2024-2025

GCCISD  
SHAC  
ANNUAL  
REPORT

The logo for Goose Creek United is a circular emblem with a dark purple background. It features the words "GOOSE CREEK" in a small, white, sans-serif font above the word "UNITED" in a larger, bold, white, sans-serif font. Below the text are four horizontal bars in red, green, blue, and orange.

GOOSE CREEK  
**UNITED**

## DISTRICT SHAC

A School Health Advisory Council (SHAC) is a group of individuals representing segments of the community and school district which provides advice to the district on coordinated school health (CSH) programming and its impact on student health and learning.

SHAC duties are outlined in EHAA & FFA

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GOOSE CREEK  
**UNITED**

## CSH PROGRAM

Each Texas Coordinated School Health (CSH) program is designed to prevent obesity, cardiovascular disease, and type 2 diabetes in elementary school, middle school, and junior high school students. The **CATCH** program is the district adopted CSH program.

SHAC functions in compliance with TEC 28.004.



# SHAC MEMBERS

- The GCCISD Board of Trustees approved the appointment of 45 members to the volunteer advisory council.
- The GCCISD SHAC must be composed of a majority of parents who are not employed by the district.
- 27 members or 60% of the SHAC are returning members!





## Communication

- ✓ The GCCISD SHAC website:  
<https://www.gccisd.net/page/wlms.home>
- ✓ Agenda, Minutes and audio recordings can be found on the Meetings tab
- ✓ Meeting notices are posted 72 hours in advance of each General SHAC meeting in the central office of every campus in the district.
- ✓ Questions can be emailed to [SHAC@gccisd.net](mailto:SHAC@gccisd.net)
- ✓ Contact SHAC Facilitator by phone @ 281-707-3461

## STANDING SUBCOMMITTEES

The SHAC is divided into each of four Standing Subcommittees to address the health issues that we may see in our school aged children.

1. Health Ed/PE/Physical Activity & Fitness Subcommittee
  2. Nutrition Subcommittee
  3. Employee Wellness/Health Services/Mental & Behavioral Health
  4. Family Engagement & Community Involvement
- ★ Ad Hoc Committee: Campus Improvement
  - ★ Ad Hoc Committee: Wellness Policy Review





# SHAC GOALS 2024-2025

SHAC focused on implementing the Wellness Plan action items while effectively communicating wellness initiatives with the support of a diverse set of stakeholders.

## COMPLETED

This year, the SHAC collaborated with schools and the community on the following activities to meet the health and wellness needs of the whole child:

- 18 Schools Earned SHAC Whole Child Wellness Award
- 14 Schools Earned AHG America's Healthiest Schools List
- GCCISD Earned 2nd in Healthier Texas Community Challenge
- 100% of campuses utilized the Healthy School Assessment tool
- 73% growth overall in meeting Wellness goals collectively
- CATCH program successfully implemented K-8th grade
- GCCISD hosted a community-wide Family Wellness Festival







# Key Achievement 2024-2025





# CSH - Health Education, PE, Physical Activity & Fitness





# HEALTH INTEGRATION & PREVENTION EFFORTS



CATCH Health Ed Journeys (K-8th)

Choosing the Best (6-8th) - Abstinence Edu.

Always Changing & Growing (5th) - Puberty

Health Edu. & P.A.P.A. (9-12th) - optional course

MDA ASPIRE Program (6-12th) - Tobacco Prevention

CATCH My Breath (5-12th) - Dangers of tobacco & e-cigarettes

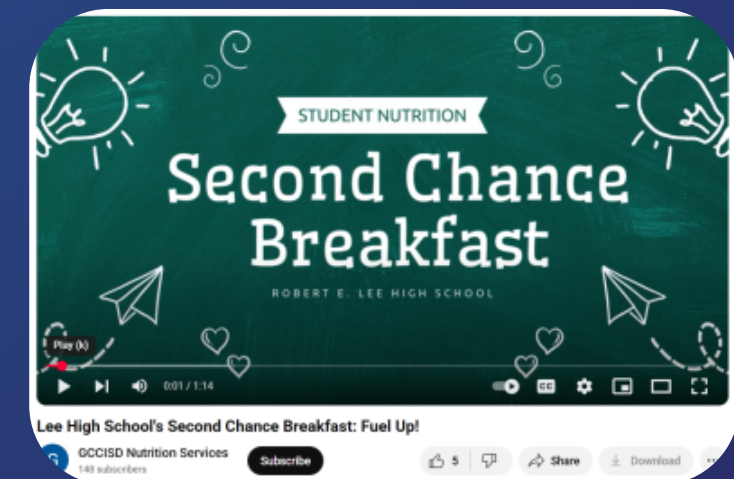
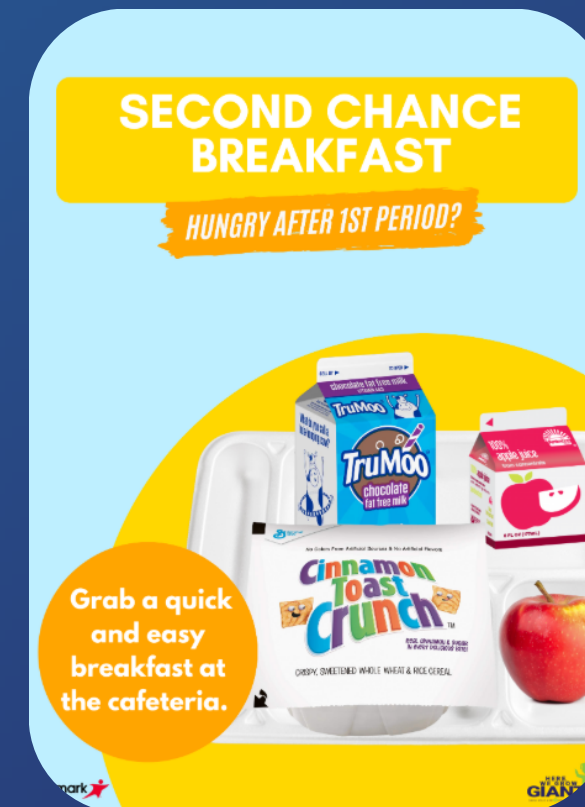
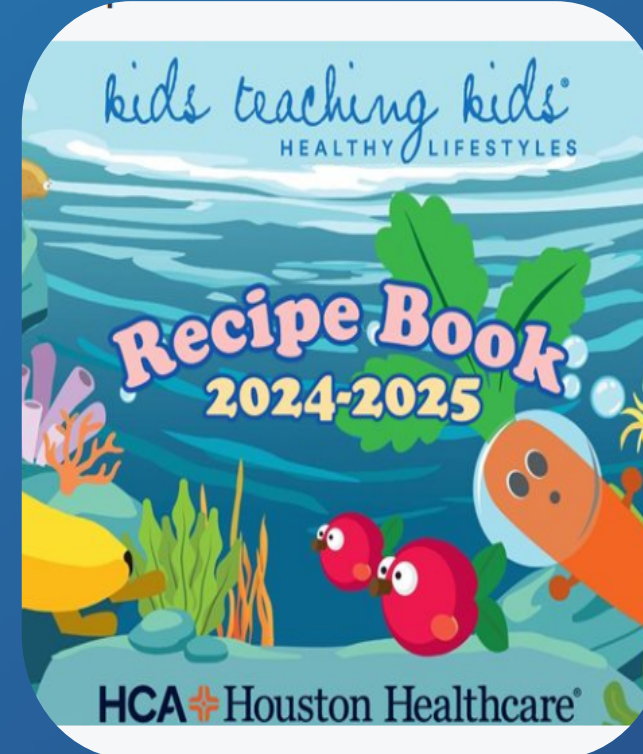
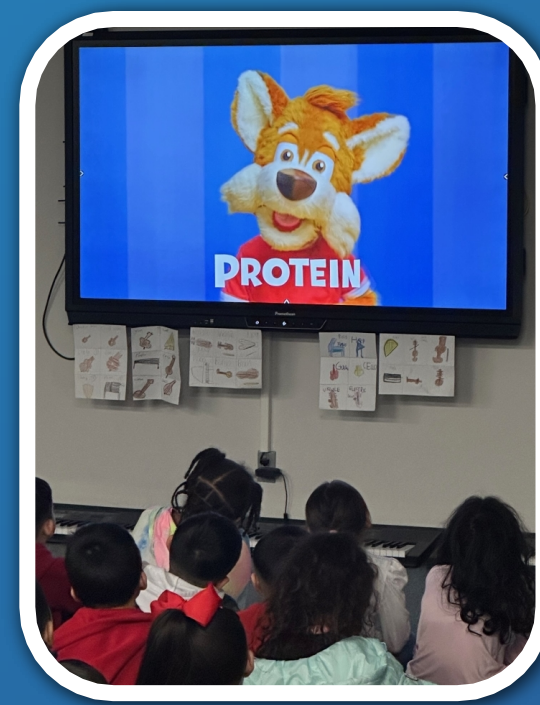
CATCH Lesson: Dangers of Fentanyl (6-12th)

Child Abuse & Violence Prevention Programs - Chit Chat SEL & Student Wellness (5th-12th)





# CSH -Nutrition Services (Education & Promotion)





# Nutrition Services (Upcoming)



SUMMER SCHOOL LOCATIONS

**Breakfast: 7:00 am - 8:00 am | Lunch: 11:45 am - 1:00 pm**  
**Closed June 30 - July 4**

Meals are served in the school cafeteria.  
Student does not have to be enrolled in Summer School to receive a meal.

**Clark Elementary**  
May 27 - June 17 (Monday - Friday) | June 9 - June 19 (Monday - Thursday) |  
July 7 - July 17 (Monday - Thursday)

**DeZavala Elementary**  
May 27 - June 6 (Monday - Friday)

**Baytown Jr. | Cedar Bayou Jr. | Gentry Jr. | E.F. Green Jr. | Highlands Jr. | Horace Mann Jr.**  
May 27 - June 5 (Monday - Friday)

**Robert E. Lee High School | Goose Creek Memorial High School |  
Sterling High School | Stuart Career Tech**  
May 27 - July 17 (Monday - Friday)

**The POINT Alternative | IMPACT Early College High School**  
May 27 - June 27 (Monday - Friday)

SUMMER MEALS IN THE PARK

**Monday - Friday | May 27 - July 18 | Closed June 30 - July 4**

<b>Pelly Park</b> 900 S. Main St.	10:15 - 10:45 AM	
<b>Roseland Park</b> 100 Roseland Dr.	10:15 - 10:45 AM	
<b>Jenkins Park</b> 4334 Crosby Cedar Bayou	10:15 - 10:45 AM	
<b>Eddie Huron Park</b> 4700 Bush Rd.	10:20 - 10:50 AM	
<b>Sterling Library</b> 1 Mary Wilbanks Ave.	11:00 - 11:20 PM	<b>Summer Kick Off Party: May 27</b>
<b>NC Foote Park</b> 2428 W. Main	11:45 - 12:15 PM	
<b>San Jacinto Community Center -</b> 604 Highlands Woods Drive, Highlands	12:00 - 12:30 PM	<b>Summer Kick Off Party: May 28</b>

Meals received at the park, community center and library must be consumed by the child on-site.  
GCCISD Nutrition Services Office: 281-420-4640      This is an equal opportunity institution.

Open to the Public!  
Nutritious Meals for Children 1-18 years old.  
This program is in partnership with the USDA, an equal opportunity provider and employer.



## FRESH FRUIT AND VEGETABLE PROGRAM

**What is the Fresh Fruit and Vegetable Program or FFVP?**  
The FFVP is a grant program administered at the federal level by the U.S. Department of Agriculture (USDA) Food and Nutrition Services (FNS) and at the state level by the Texas Department of Agriculture. The goal of the FFVP is to increase children's exposure to and intake of a variety of fresh fruits and vegetables; to do that we will provide fresh fruits and vegetables to all enrolled students at no cost to the student during the school day. Teaching children healthful eating habits at an early age helps promote a healthy school environment and improves the health and wellbeing of its students. The Fresh Fruit and Vegetable Program (FFVP) began as a pilot program authorized by Congress in 2002.

**Who Can Participate?**  
The FFVP is intended for elementary school age children. Teachers responsible for serving the fruits or vegetables to their students are also encouraged to participate and taste the produce alongside their students to model positive eating habits. **Other adults at a school who are not directly involved in the program may not participate.**

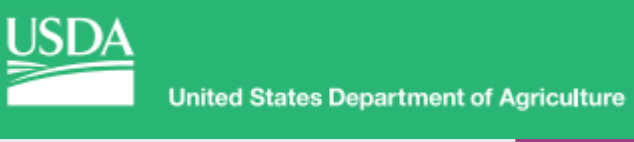


### A SMART BOOST\*

Students who participate in school meals consume more whole grains, milk, fruits, and vegetables and have better overall diet quality, than those who do not participate.\*



\*From ME, Gleason, E. Cabell, C. et al. School Nutrition and Meal Cost Study, Final Report Volume 6.



### HERE'S WHAT NEEDS TO BE IMPLEMENTED BY 2027:

#### ADDED SUGAR:

- No more than **10%** of the weekly calories.

#### SODIUM:

- **10%** reduction for breakfast.
- **15%** reduction for lunch.

#### WHOLE GRAINS:

- At least **80%** of the grains offered per week (for both lunch and breakfast programs) must be whole grain-rich.

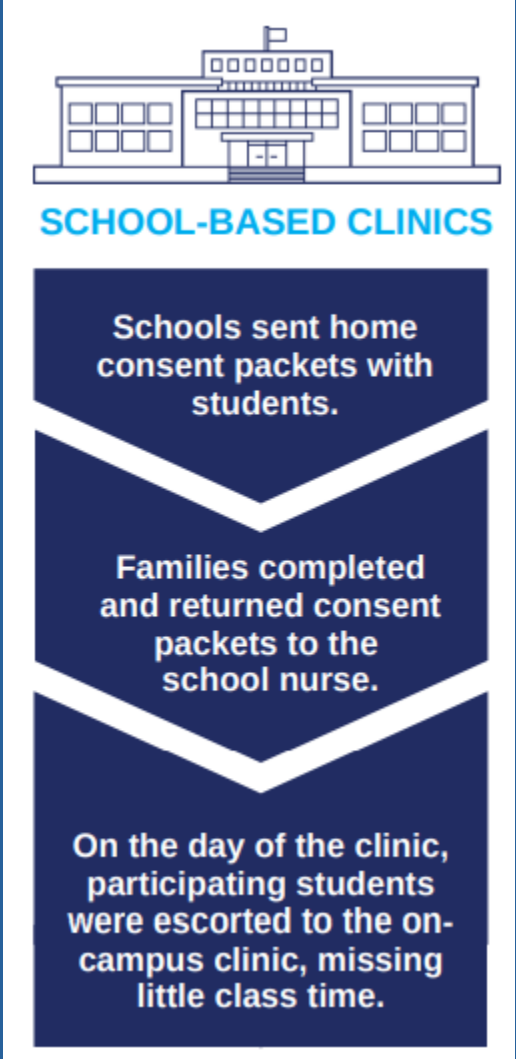


# CSH Highlights - Health Services

## PREVENTING CANCER IN GOOSE CREEK CISD

All for Them is an initiative seeking to reduce the rate of HPV-related cancers in Texas by increasing HPV vaccination among middle and high school students who have limited access to obtaining it.

**Eight out of 10 adults will encounter HPV in their lives, and the virus can cause six types of cancer.**



ALL GCCISD JS & HS STUDENTS (AND SIBLINGS) ARE INVITED!

**GOOSE CREEK CISD**

# SUMMER VACCINATION CLINIC!

**JUNE 5, 2025**

**J.D. WALKER COMMUNITY CENTER  
GRAND ASSEMBLY ROOM**

www.AllForThemVaccines.com 713-500-2555

## GCCISD STUDENTS, YOU'RE INVITED!

Protect your teen's health now and in the future! We're inviting you to sign up for a free vaccination clinic at your teen's school, where they can receive all of their recommended childhood and adolescent shots. The clinics this semester include:

- JANUARY 29 - ROBERT E. LEE HS**
- FEBRUARY 21 - STUART CAREER TECH HS**
- FEBRUARY 28 - IMPACT EARLY COLLEGE HS**
- MARCH 8 - GCCISD SPRING BREAK CLINIC**
- MARCH 26 - GOOSE CREEK MEMORIAL HS**
- APRIL 2 - STERLING HS**

Your teen will receive a consent packet from their school. Please return them to the school nurse one week before the clinic date to participate. Parents do not have to attend if the consent packet is turned in on time.

Students at Peter E. Hyland Center and POINT Alternative Center are invited to get vaccines at any of these clinics but must come with a parent or guardian if they are under the age of 18.

Remember, these vaccines are **important** for your child's health. Get ALL the vaccines!

**ALLFORTHEMVACCINES.COM | 713-500-2555**

UTHealth Houston School of Public Health | CANCER PREVENTION & RESEARCH INSTITUTE OF TEXAS | GOOSE CREEK CONSOLIDATED SCHOOLS DISTRICT

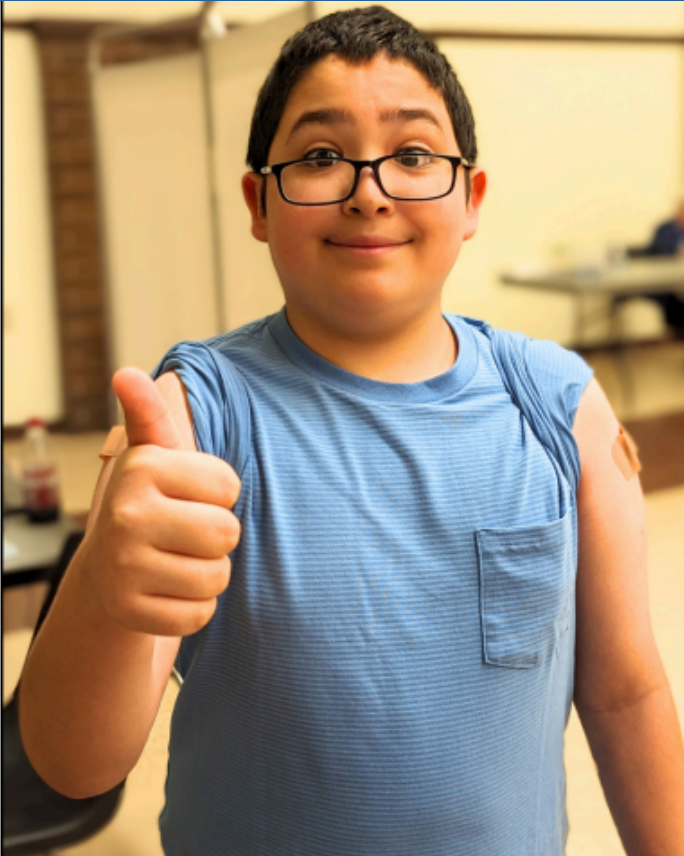
**WHAT YOU NEED TO KNOW ABOUT THE CLINICS**

**WHAT SHOTS CAN MY TEEN GET AT THE CLINICS?**

- Tdap
- HPV
- Meningococcal
- Flu
- and any other vaccines they may need.

**HOW DO I KNOW IF MY TEEN IS ELIGIBLE FOR THESE CLINICS?**

Your teen is eligible for these clinics if they have Medicaid, no insurance, if their insurance does not cover vaccines, or if they are Native American or Alaska Native.





# 2024-2025 Recommendations

## One

Convey the link between health and learning to school leaders, parents, and the community.

## Two

Support implementation of GCCISD Wellness Plan strategies and evaluation.

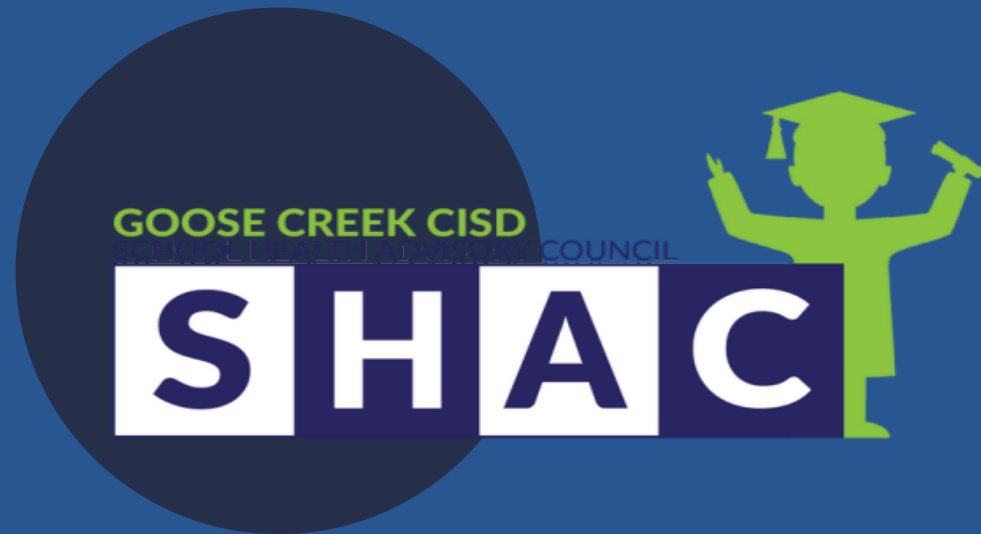
## Three

Enhance collaboration between the GCCISD Board, district leaders, and SHAC to promote student health and wellness on Board priorities.

## Four

Support comprehensive physical activity programs with training to give students multiple daily activity opportunities.





**2025-2026**

**SHAC General Meeting Dates**

October 7, 2025

December 9, 2025

February 24, 2026

April 28, 2026

\*Board members are welcome to attend.



# THANK YOU

[SHAC@gccisd.net](mailto:SHAC@gccisd.net)