The Nehalem Nugget

News bits for Nehalem Families



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BE SAFE... BE RESPECTFUL... BE RESPONSIBLE

February 2019

Important Dates

Tuesday 2/5/19

Site Council Meeting @ 2:45 pm

Friday, 2/8/19

Parent Council Dance—NES Gym 6:00-8:00 p.m.

Mon 2/11/19

School Board Meeting @ DO 6:30 p.m.

Tuesday, 2/12/19

Parent Council Meeting @ NES 6:30 p.m.

Saturday 2/16/19

Pool-a-Thon 9:00 am—1:00 pm

Wednesday 2/20/19

Immunization Exclusion Day

Monday 2/18/19

NO SCHOOL Presidents Day

2/25-3/1

Read Across America Week

PLEASE DO NOT DROP KIDS AT SCHOOL UNTIL 8:45 ON MONDAYS.

<u>Individual Student Rewards</u> -That add up to whole school rewards-

WAY TO GO'S # 2,952 FEATHERS # 110 **RESPECT BUCKS # 2,175**

Whole Classroom rewards

FEATHER PARTIES
Honts: Extra recess/Root bear Floats.

Whole School Reward 1/31 or 2/1

Make a Valentine for a Friend

Students are considered having irregular attendance (ORS 339.065) when the student meets any of the following:

- Eight (8) unexcused one half days absences in any four week period
- Five (5) absences (excused OR unexcused) in three (3)
- Ten (10) absences (excused OR unexcused) in six (6) months

When your child's absences exceed these amounts, the school district will notify you of your child's irregular attendance. The school may contact our truancy officer to assist families and students with chronic irregular attendance.

Please remember to call the school office and excuse your child's absence. A doctor's note must be provided to excuse appointments and/or illness.

A NOTE FROM YOUR NES ATTENDANCE FAIRY

Help Your Child Succeed in School: Build the Habit of Good Attendance Early. School success goes hand in hand with good attendance!

When Do Absences Become a Problem?

Note: These numbers assume 180-day school year.

	GOOD 9 or fewer		WARNING 10 to 17 Days		CHRONIC 18 or more
	95 - 100 %	90.0-94.9 %	85.0-89.9 %	80-84.9%	<80%
	Number of students				
September	114	39	20	9	13
October	132	24	19	5	15
November	95	50	24	9	17
December	112	30	8	16	25
January	125	27	10	10	27
February					
March					
April					
May					
June					

Communication

Nehalem Elementary wants to hear from you!

Would you like to contact a staff member?

- Share a positive word of encouragement?
- Talk to someone about your student?

Ask questions about the class	room or a certain program?	
TO:		
10	_	
1		

Return to the school office or by email to karenw@nknsd.org and it will be forwarded to the correct staff member.

I NEED TO STAY HOME IF... IHAVE I HAVE AN EYE **PERSISTENT** UNUSUAL I HAVE A FEVER I AM VOMITING I HAVE A RASH DIARRHEA INFECTION COUGH **FATIGUE** Irritability, Lethar-Temperature of 100.5 Within the past 24 Within the past 24 Redness, itchina Difficulty breathgic and/or ° or higher. hours. hours. itching or fever. and/or pus draining or serious ing from eye. sustained cough. Sleepy/Drowsy. I am ready to go back to school when I am. . .

Fever free without the	Free from	Free from	Free from rash,	Free from drain-	Symptom free or	Symptom free for
assistance of medica-	vomiting for 24	diarrhea for 24	itching or fever. I	age and/or have	antibiotics for 24	24 hours.
tion for 24 hours (i.e.	hours.	hours.	have been evalu-	been evaluated	hours.	
Tylenol, Motrin, Advil.			ated by my doctor	by doctor if need-		
			if needed.	ed.		

If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours and your health care provider has given permission for your child to return to school. We encourage you to seek medical attention when your child is sick and to follow your health care provider's recommendations about returning to school and other activities.

APPLY FOR FREE OR REDUCED PRICED SCHOOL MEALS ONLINE!

Have your families financial circumstances changed since the beginning of the year? Families can apply for meal benefits any time during the school year.

You can complete an application in just a few minutes. The program guides you through the application in just a few easy steps. **Apply for school meal benefits now at:**

<u>http://www.nknsd.org/parents/</u> click on mealtime online OR
<u>https://district.ode.state.or.us/apps/frlapp/default.aspx</u>

All applications are reviewed by the appropriate sponsor / school district nutrition office for approval. Paper applications are still available; please contact your school office for details.

Nehalem Elementary School will be celebrating READ ACROSS AMERICA WEEK 2/25-3/1/19

EVERY DAY: Book Walk 8:05 a.m. After the Flag Salute -All School Dr. Seuss Read To Self After Book Walk uptil 8:20 a.m.

	BOOK CORRELATION	DRESS UP DAY	OTHER FUN!
MON. 2/25	"FOX IN SOCKS"	WEAR CRAZY SOCKS	
TUE. 2/26	"CAT IN THE HAT"	WEAR RED AND WHITE	
WED. 2/27	"WACKY WEDNESDAY"	"READ" MY SHIRT DAY (WEAR SHIRTS WITH WORDS)	MAGIC SKIT (MRS. THYSELL'S CLASS) 2:05 PM IN GYM
THUR. 2/28	"500 HATS OF BAR- THOLOMEW CUBBINS"	WEAR A CRAZY HAT	
FRI. 3/1	"I'M NOT GOING TO GET UP TODAY"	PAJAMA DAY (WEAR CLEAN, APPROPRIATE PAJAMAS)	"SAM I AM" HAM SANDWICH @ BREAKFAST AND OODLES OF NOODLES @ LUNCH

Counselor's Corner

Greetings Nehalem parents. We started a new unit in social skills in January. We are working to identify and manage our BIG emotions. We are learning to recognize how these big emotions manifest in our bodies - whether it be a tight stomach, increased heart rate, sweaty palms, hot face or fast breathing to name a few. I encourage you to talk with your child about big emotions and some of the strategies we are working on to help them manage them - slow deep breaths, counting and positive self-talk.

Fifth Grade parents - I will be administering the Cognitive Abilities Test (CogAT) the morning of February 20th & 21st. This test is a way for us to screen for Talented and Gifted. Please make sure your student is at school and well rested. If you have any questions please feel free to call me at 503-355-3657.

Ms. Jennifer **NES School Counselor**

NEHALEM ELEMENTARY WEEKEND BACK PACK PROGRAM

Filling the weekend food gap for local children in need

Over half of the children at Nehalem Elementary School qualify for free or reduced priced meals. Many of these children face hunger over weekends and school breaks. The Nehalem Elementary School Backpack Program is an ongoing volunteer-based organization that provides food for local hungry children at times when other resources are not available, such as weekends and holidays.

Every Friday, volunteers provide the children who are enrolled in the program with a bag of food for the weekend. All of the food is child-friendly, nutritious, small and light enough to carry in a backpack, shelf-stable, and easy to prepare, even without a stove. These food resources will support the health, behavior, and achievement of every student that participates. The success in programs like this can be seen in positive changes in student attendance, behaviors, and grades.

If you think your child could benefit from this program, please ask the front office for an enrollment form!

To donate in any dollar amount please make checks payable to Nehalem Elementary School Backpack Program, P.O. Box 190 Nehalem, OR 97131 or drop checks off directly at the Nehalem Elementary School office. \$20 provides food for one child for one month, \$200 provides food for one child for one school year. For more information contact Program Coordinator Mia Burch at 503-956-7432.

Garibaldi Grade School has the same program at their school, for anyone interested in helping fund their program, call Terry Houchins at 503-322-0311

We currently have about 58 students enrolled in the program and we are growing. 100% of all donations (food or cash) go directly toward feeding hungry kids in our community. If you are interested and able to donate food items, please see the list below.

Food Drop Sites Nehalem Elementary School office

For large donations in need of pick up contact Mia Burch at 503-956-7432.

Most commonly needed store-bought items:

*Canned pastas with sauce Instant soups and pastas Stews/Chili/Soups Peanut butter/jam (individual servings) Rolls, bagels, small baguettes
Nuts
Dried fruits Juice boxes Pretzels/Crackers Shelf stable milk items

**Apples/Oranges/Veggies

**Please try to buy pop-tops as they are easy for children to open. Shelf-stable plastic containers preferred but cans are ok too. **Please call if you want to donate vegetables or fruit. We are committed to having fresh fruits and vegetables in weekly packs. Fruit and vegetable donations should be dropped off at NES or call Mia for a pick up.

Costco and Cash n' Carry are great places to go for bulk purchases. Single serving items are ideal when possible (peanut butter, jams, ranch dressing). Our volunteers can separate bulk items into smaller servings. If you want to get something special for the kids, please do! We will include treats or toiletries (toothbrushes, toothpaste, etc).

HOMEMADE FOODS

In accordance with the guidelines of the health department, only foods prepared in an inspected kitchen may be brought to school. This requirement includes all shared foods, such as at school parties, events or activities.

NCRD

Youth: Does you child participate in after school activities such as sports, tutoring, or dance? Do you need care before or after these activities? Please call or email the youth department and let them know. \$5 dollar per day fee applies. Must register your child at NCRD

Sports: Register now for basketball! Season starts week of February 25th. JBO Baseball 3rd-8th grade skills evaluation February 10th at middle school MPR

SWIMMING POOL BUILT IN 1930.....SCHOOL SWIM BEGINS!!

It's Pool-a-thon time again and hard to believe it's our 29th annual fundraiser!

The proceeds from the NCRD Pool-a-thon support the NCRD/ Nehalem Elementary School Swim & Water Safety Awareness Program which has existed in some form since 1930!

At that time the school district was planning an addition to the school in Nehalem. The drowning of two local teenage boys prompted the community to ask the school district to add a natatorium. Even though it was during the great depression, there was overwhelming community support to teach every child how to swim to avoid future tragedies.

88 years later in this area surrounded by water & dominated by water related recreation, we continue to accomplish our mission of providing Swim Instruction & Water Safety to all Nehalem Elementary Students. The goal has been to offer a safe environment where the students can learn to swim, & be educated in water safety, while instilling the value of swimming as a lifetime skill and healthy recreational activity. The skills they learn in the pool could save their life or the life of another.

The NCRD School Swim Program reaches out to every Nehalem Elementary Student Kindergarten through fifth Grade. This also includes the NKN District #56 adaptive Swim Program.

Historically our community has accomplished something extraordinary in financially sponsoring students who are swimming laps for dollars during pool-a-thon.

By pledging money, or making a donation to a student swimmer, you can help guarantee all the children will continue to benefit from this vital and historic program. We each can play an important role in maintaining our community's essential values, and your generous investment in the Swim Program will make a direct and immediate impact.

Participating kids will be can vassing throughout the community January 18th thru February 23rd looking for sponsors who will pledge dollars for their swimming efforts.

Pool-a-thon is February 16, 2019 9am—1pm

Donations can be mailed to: Pool-a-thon 2019 P.O. Box 207 Nehalem OR 97131 For more Information contact: Pool(855)444-6273 Sue Dindia-Gray 368-6238

TWO WAYS TO SUPPORT THE MUDD NICK FOUNTATION

<u>AMAZON SMILE REWARDS:</u> go to smile.amazon.com and select The Mudd Nick Foundation. How do I select a charitable organization to support when shopping on AmazonSmile?

On your first visit to AmazonSmile (smile.amazon.com), you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. We will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation.

FRED MEYER REWARDS: Did you know that Fred Meyer Store has a community giving website that donates to selected non-profit community organizations? Well they do and you can now link your own rewards card to our own local "Mudd Nick Foundation".

Visit the website $\underline{\text{https://www.fredmeyer.com/topic/community-rewards-4}}$, select the Mudd Nick Foundation and enter your card number; it's that easy!

Information about the FM Donation Program:

Every time you shop with your linked Rewards Card at Fred Meyer, you're helping your favorite nonprofit earn a donation. And the more supporters who link their Rewards Cards to a nonprofit, the more that non-profit could earn.

Fred Meyer will award a total of \$650,000 each quarter to eligible participating organizations.

The minimum quarterly payout is \$25 per organization. If an organization earns less than \$25 in a quarter, Fred Meyer will hold the amount until the donation exceeds \$25 or the end of the year, whichever is first.

YES! Rewards Customers still get the Rewards Points, Fuel Points and Rebates.

Neah-Kah-Nie School District 5650

4 North Third Avenue • PO box 28, Rockaway Beach, OR 97136 (503) 355.2222 • Fax (503) 355-3434

January 23, 2019

NEAH-KAH-NIE SCHOOL DISTRICT BOARD OF DIRECTORS ANNOUNCES BOARD VACANCY

Neah-Kah-Nie School District Board of Directors has just announced a vacancy in Zone 3 which shares a common boundary with Zone 4.

This zone has a common boundary with zone 4 and includes the areas in the Wheeler, South Rockaway Beach and North Rockaway Beach Precincts and including that area of the Twin Rocks Precinct which is contiguous with the south boundary of the Wheeler Precinct and the north boundary of the North Rockaway Beach Precinct.

The board will exercise its normal process of posting the opening for 20 days, take applications, conduct interviews and appoint someone to that position. You may contact the Tillamook County Clerk's office at 503-842-3402 to verify that your address falls within the correct zone.

The requirements for serving on the school board are that you must be a registered voter, have lived within the district for one year, and be a resident in zone from which the vacancy has occurred. For an application please contact Kathie Sellars at 503-355-3506.











Neah-Kah-Nie School District is pleased to offer two preschool classes for the 2018-19 school year. The preschool is located at the District Office in Rockaway Beach. All children who live in the school district boundaries and will be 4 years of age by September 1, 2018 are eligible.

Days/Times: Monday - Friday AM Session 8:15-11:15 PM Session 11:15-2:15

Transportation will be provided to and from preschool to students living in the Nehalem Attendance Zone in the AM and to students living in the Garibaldi Attendance Zone in the PM.

The district is offering a sliding scale and payment plans to help families for whom the cost is a concern. No child will be turned away for lack of ability to pay.

To register or seek further information, contact Angie Douma (503)355-3508 or <u>angied@nknsd.org</u> Students are enrolled on a first come first serve basis and space is limited.



504 N Third Avenue, Rockaway Beach, OR ● 503-355-2222

SUBSTITUTE TEACHERS NEEDED!

Have you ever wanted to influence the life of a child? Do you have a Bachelor's Degree? Become a substitute teacher!!! Oregon Teacher Standards and Practices Commission offers a Restricted Substitute Teaching License if you have a Bachelor's Degree.

Neah-Kah-Nie School District has an immediate need for teacher substitutes. 2018-19 daily rate is \$180.09 per day for the first 10 days, \$211.87 per day after the first 10 days in any one continu-

CLASSIFIED SUBSTITUTES NEEDED!

Neah-Kah-Nie School District has great need for classified substitutes. Classified substitutes are Instructional Assistants, secretaries, cafeteria staff and custodians.

Classified substitute rates of pay: instructional assistants and cafeteria workers- \$13.00 per hours; custodians and head secretaries—\$14.00 per hour

for more information, please contact:

Kathie Sellars, 503-355-3506, kathies@nknsd.org

All substitute applications can be found on our website at:

https://neahkahnie.tedk12.com/hire/index.aspx

Neah-Kah-Nie School District is an equal opportunity employer.

Cub Scout Pack 178 is starting in Nehalem!

Boys & Girls, currently in Kindergarten to 5th grade are invited to join the Pack on Thursday, February 21st at 4pm in the school cafeteria. Not only are friendships made, but also life skills, leadership and character development all while having fun and learning about the outdoors! Info about summer camp, day camp, and family adventures will also be available.

For more information about joining the Pack, Call Shanta at 971-413-1927 or



Newsletter

February 2019



come join us! February 12th

6:30pm - 7:30pm NES Cafeteria

Valentine Grams

On **Feb** 4th through **Feb** 8th, kids can purchase Valentine grams for friends and teachers! We will be selling every morning that week, in the gym, 30 minutes prior to the start of school. For as little as a 50¢, or up to \$2.50, kids can purchase a Valentine treat for friends. Quantities are limited and they will be first come, first serve basis.

On Valentine's Day, grams are distributed to kids to take home. This fundraiser was a big hit last year! So, round up your loose change to send in with kids to have some fun and support the Parent Council fundraising efforts. Interested in volunteering to help with Valentine's Grams, please contact us nehalemparentcouncil@gmail.com.



GLITTERBUG HAND WASHING



On January 25th, the students at NES had a lesson in hand washing techniques from Parent Council Volunteers Nola Smith, Denise Weiss and Wendy Bakker. Kids saw the black light "germs," were given tips on washing, and saw firsthand how resistant those "bugs" can be. Let's keep our kids and teachers healthy! Remember, hand washing is THE NUMBER ONE PREVENTION FOR FLU AND COLDS!

We like to thank the Kiwanis Club of Tillamook for awarding us a grant last year for this program to be possible.



Where: NES Gym « Time: 6pm - 8pm

(AKA MIDDLE SCHOOL PRINCIPAL LAWYER)

Bring the whole family and dance the night away.

Buy refreshments and glow sticks from the 5th grade class.

You may also purchase Valentine Grams for your friends.





Did you know Smile.amazon.com earns money for the Nehalem Elementary Parent Council? Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the council just for logging in and shopping. Same products, same prices, same ordering and delivery, but instead earn money for the Parent Council. Please add *smile.amazon.com* as a must do for your shopping.



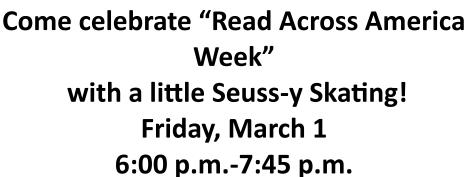
HOW CAN YOU HELP? COME BE A PART OF THIS FUN GROUP EFFORT!



facebook: Nehalem ElementaryParent Council Renae Scalabrin President



NES Family Skate Night at Tillaskate in Tillamook





\$3 per skater--includes skate rental and a special Cat in the Hat surprise for everyone!

If we have enough interest, NES will run activity buses that night from NES to Tillaskate to transport families.

Departure/Arrival times for bus on 3/1/19:

NES: 5pm/8:50pm

Wheeler at 101 & Gregory: 5:05pm/8:45pm Rockaway at Red Caboose: 5:20pm/8:30pm

Arrive at Tillaskate at 6pm—Depart from Tillaskate at 8pm

Please send in the slip below to the office to reserve your spots for activity and/or skating by Wednesday, Feb. 27th! Spots are not reserved until moreceived. (cash/check only & payable to NES)	•
Yes, my family wants to go skating at Tillaskate! What a fun family night! attended children please!)	– – – (No un-
☐ Yes, we'll want to ride the activity bus. There will be of us on at the NES/Wheeler/Rockaway bus stop. (circle one). There will be of us skating that night at \$3 per person. Skater names are below.	_
□ No activity bus for us. There will be of us skating that night a person. Skater names are below.	t \$3 per
Parent name:Parent Phone	
Paid Skaters' names:	00000