

# THE HOWLER

Garibaldi Grade School | Newsletter



## April 2024

We are now in our last trimester of the school year! We have many field trips and lots of end of school year activities coming up.

As a school we are already planning the next year, and as a district they have adopted the school calendar. We have attached a copy to the newsletter or if you are receiving an online version you can click to view: [2024-25 NKN School Calendar](#)

As a reminder as you make your summer break plans, there are two added make up weather related days to the end of the school year. This means our last day for K-5 students will be Thursday, June 13th (12noon Release) and Tuesday, June 11th will be last day for preschool.

## Important No School Days and Reminders

- April 1st-5th | OSAS Science Testing - 5th Grade
- April 8th-26th | OSAS ELA Testing - 3rd - 5th Grade
- April 11th, Thursday | GGS Family Skate Night, 5:30pm
- April 18th-19th, Thurs-Friday | **No School** - Conferences
- April 25th, Thursday | Social/Emotional Family Night, 5:30pm
- May 2nd, Thursday | Latino Family Night, NKN High School, 6pm



## No School for April 18-19 Conferences

Parent/Teacher conferences are taking place Thursday & Friday, April 18th-19th. There will be no school on these two days, so we can meet with families individually. Meeting with your child's teacher during conferences will assist you in helping your child be

more successful in school. If you do not have a conference time scheduled, please reach out to the school office, 503-322-0311 or [tamiw@nknsd.org](mailto:tamiw@nknsd.org)

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## April's Characteristic is Courage

Each month, GGS focuses on a personal characteristic and teaches it to our students. Our focus for the month of April is Courage. Students demonstrate courage by confidently standing up for what you know is right or doing something that is difficult even when they are afraid.



At the end of the month we will be handing out three awards in each class, two for students who were demonstrating courage and one Pride of the Pack award focused on perseverance. Please talk with your child(ren) around the conversations they are having at school on how they show courage.

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## 2023-24 Statewide Assessments, 3rd-5th Grades

Every year we need to notify families of the Statewide Assessments that will be happening. Oregon law permits parents to annually opt-out of Oregon's statewide assessments in English Language Arts and/or Mathematics by submitting an annual form to the school the student attends. Please view the notice at this link: [OSAS Opt Out Form English](#) or ask for a paper form in the school office.

We are starting testing the first week in April. It is important for your child to get lots of rest and eat a nutritious breakfast to get them going. Remember we have free breakfasts here at school!

### Testing Schedule:

April 1st-5th: 5th Grade Science/SEED Survey

April 8th-17th: ELA CAT

April 22nd-26th: ELA PT

May 7th-10th: Math CAT

May 13th-17th: Math PT

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## Oregon Department of Education SEED Survey Grades 3rd-11th

**ELEVATING STUDENT VOICE:** The Oregon Department of Education is deeply committed to helping each and every student learn, grow, and thrive. ODE is also committed to providing opportunities for feedback and input to continuously improve education experiences for all students in Oregon. The Student Educational Equity Development (SEED) Survey will help ODE gather information about the educational experiences of students in Oregon. This information will help ODE to develop appropriate resources and supports for districts in Oregon, and better target those

picture of their local contexts and make strategic modifications to curriculum, instruction, and related academic supports that they offer students. More information can be found on the ODE website through the following links, (if reading online): [ODE SEED Survey](#) or [Annual Notice of SEED Survey](#).

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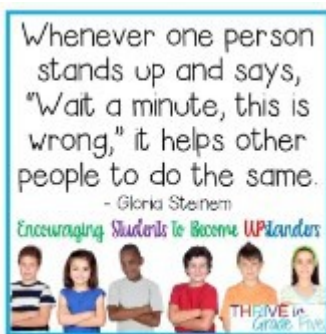
## Showing Up Together - Teaming up with Families on Attendance!

GGs wants your students to succeed and is focused on helping create a smooth way to regular attendance at school. Identifying barriers to attendance is an important part of keeping students engaged in school, graduating on time, and thriving in all areas of their lives. We have many resources and staff to assist you, from our counselors, community resource coordinators, district nurse, you are not alone! By working together, all of us – we can ensure all children can get to school every day so they have an opportunity to learn, flourish and realize their dreams.

We are continuing to focus on attendance, getting kids excited via our monthly activities for students present 90% or more, classroom Tater Parties, and Trimester attendance awards! Thank you for helping us get students excited about learning and coming to school!

***Students who are present for 90% or more in the month of April will get mini cinnamon rolls!***

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## Counseling Corner - Ms. H

This year is going by way too fast! I hope everyone had a wonderful spring break and you were able to squeeze in lots of activities. We will be finishing up our bully prevention lessons this month, and then addressing ways to be an “upstander.” An upstander is a person who recognizes bullying and is willing to take action to make things right. It takes courage to stand up for ourselves as well as others, and this is our character trait for

April. We will focus on the different ways that we can be courageous.

We have been doing a lot of work at school learning about our Tools and how to use them when we need to regulate our emotions. If you would like to learn more about them you will have the opportunity this month, so mark your calendars for April 25th. We have an exciting night planned for families to come and learn all about the Tools. Each family will get to leave with many different games and ideas on how to use this common language of the Tools at home. Hope to see you there!

If you have any questions, please feel free to contact me at [cherieh@nknsd.org](mailto:cherieh@nknsd.org)

**Physical Courage:** To keep going with resiliency, balance and awareness  
**Social Courage:** To be yourself unapologetically  
**Moral Courage:** Doing the right thing even when it's uncomfortable or unpopular.  
**Emotional Courage:** Feeling all emotions either comfortable or uncomfortable without guilt.  
**Intellectual Courage:** To learn, unlearn, and relearn with an open flexible mind.



## Free Family Skate Night

Bring your family for a fun night of skating! Join us at Tillamook County Fairgrounds - Tillaskate! It's happening on Thursday, April 11th from 5:30-7pm.

AND, it's FREE! Hope to see you there!



Thursday,  
April 25th  
5:30 pm

**FAMILY**  
SEL  
(SOCIAL/EMOTIONAL LEARNING)

**GAME NIGHT**

**EVERYONE IS INVITED TO JOIN**

**GAMES \* PIZZA \* PRIZES \* FUN!**

## Family SEL Night!!

Learn all about the "TOOLBOX" and the "TOOLS" that we all have within us that can enable us to regulate our emotions and navigate the complexities of everyday life.

We will be serving pizza, playing games, and awarding prizes! It's going to be a great family time!

## Volunteering and Field Trip Chaperones

We are excited that GGS classrooms are heading out into the community on field trips! We ask all that would like to volunteer to fill out a district volunteer application, have it approved and on file. These applications can take up to 2 weeks to process, so plan ahead. Background checks are good for 3 years. Applications are available in the school office.

**Some field trips there is limited number of spots for volunteers, so please make sure you get the teacher's approval before making plans to attend.**

## NKN School Board Meetings

**Next Meeting is Monday, April 8th, 6:30pm**

This is a monthly meeting of our School Board. The meeting takes place at our District Office or through Zoom. You can access this meeting through our district website ([www.nknsd.org](http://www.nknsd.org)) under "School Board" and then "Board Meetings".

## GGs information online



### How to Find School Information Online!

Besides our monthly Howler Newsletter, you can find school information online! Our district has an informative website at [www.nknsd.org](http://www.nknsd.org) and Garibaldi Grade School has a page with all sorts of great information for our families. You can find this monthly newsletter, student handbook and even a parent page with information on busing, school lunches, wellness and more!

### Reminder: Sign up for FlashAlert!

You can receive FlashAlert messages from NKN School District updating you on any delays or closures. To do this you go to <https://www.flashalert.net/>, *manage your messenger subscription*, and make sure you are signed up for Neah-Kah-Nie School District.



## Employment Opportunities

### Be a Substitute at Garibaldi Grade School!

Sign up to be an **Instructional Assistant**, **Custodian**, **Food Service** (classified) or **Teacher** (certified) substitute at any of our schools. Neah-Kah-Nie School District has contracted with ESS for our

Seeker tab and type in Neah-Kah-Nie School District to begin the application process. If you have questions about the application process, or becoming a substitute, please contact 866-208-7454 x1 or email: [applicationswest@ess.com](mailto:applicationswest@ess.com).



**AT NEAH-KAH-NIE HIGH SCHOOL**

**HOURS:**

<b>Tuesdays</b>	8:30 am - 12:00 pm / 1:00 - 4:30 pm <i>(Closed for lunch 12:00 - 1:00 pm)</i>
<b>Wednesdays</b> <small>Counseling appointments only</small>	8:30 am - 12:30 pm / 1:30 - 4:30 pm <i>(Closed for lunch 12:30 - 1:30 pm)</i>
<b>Thursdays</b>	8:30 am - 12:00 pm / 1:00 - 4:30 pm <i>(Closed for lunch 12:00 - 1:00 pm)</i>

**SERVICES AVAILABLE:**

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups	Dental screenings
Sports physicals	Blood-pressure screenings
Care for illness and injury	Health education
Immunizations	Counseling
Routine lab tests	Wellness opportunities
Prescription medications	Referrals for other medical services (Dental, X-rays, MRIs, Specialty)
Age-appropriate reproductive health	
Vision screenings	

**Learn more at: [NKNHealth.org](http://NKNHealth.org)**

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901



# SCHOOL DISTRICT

Preparing children for an ever changing world

504 N. Third Ave. / PO Box 28  
Rockaway Beach, OR 97136

Phone: 503-355-2222

Fax: 503-355-3434

www.nknsd.org

Dear families,

The past month, elementary schools have been seeing an increase in students going home sick or out due to illnesses. I want to remind families of when students should stay home from school due to symptoms. Following this attached chart helps to keep students out of school in the most contagious time period.

Practice hand washing with your student before and after school. Good hand washing is the number one defense against the spread of illnesses. Wash your hands often with soap and water and for at least 20-30 seconds.

If you have questions, please reach out to your school office.

Thank you for your commitment to a healthy school community!







Denise Weiss RN

Neah Kah Nie District Nurse

[denisew@nknsd.org](mailto:denisew@nknsd.org)

### PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER...
 <b>Fever:</b> temperature of 100.4°F (38°C) or greater	*Fever-free for 24 hours without taking fever-reducing medicine.
 <b>New cough illness</b>	* Symptoms improving for 24 hours (no cough or cough is well-controlled).
 <b>New difficulty breathing</b>	* Symptoms improving for 24 hours (breathing comfortably). <i>Urgent medical care may be needed.</i>
 <b>Diarrhea:</b> 3 loose or watery stools in a day OR not able to control bowel movements	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
 <b>Vomiting:</b> one or more episode that is unexplained	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
 <b>Headache with stiff neck and fever</b>	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. <i>Urgent medical care may be needed.</i>
<b>Skin rash or open sores</b>	*Symptom free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
<b>Red eyes with colored drainage</b>	*Symptom-free, which means redness and drainage are gone OR with orders from doctor to school nurse.
<b>Jaundice:</b> new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.
<b>Acting differently without a reason:</b> unusually sleepy, grumpy, or confused.	*Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.
<b>Major health event,</b> like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	*After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.

**Neah-Kah-Nie Presents**

**LATINO FAMILY NIGHT**

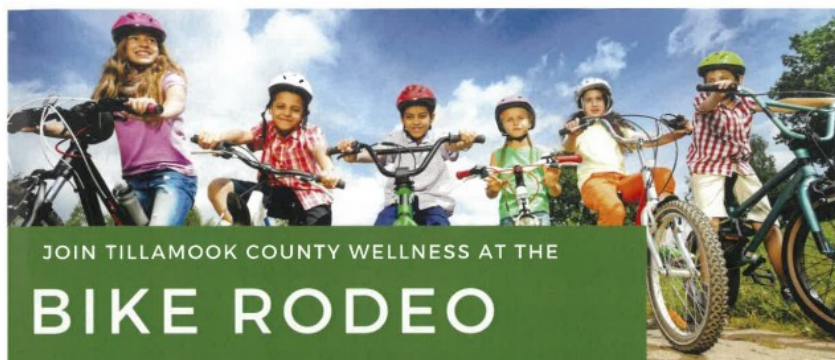
**Thursday- May 2, 2024  
6:00-8:00 pm**

**Food, crafts, games,  
Local Resources  
and more!**

**Neah-Kah-Nie  
High School  
Cafeteria**

**Piñatas for the kids**

**RSVP: 503-355-3552  
Meaganm@nknsd.org**



JOIN TILLAMOOK COUNTY WELLNESS AT THE

**BIKE RODEO**

DURING HEALTHY KIDS DAY AT  
THE TILLAMOOK COUNTY YMCA

**ADDRESS:** 610 STILLWELL AVE, TILLAMOOK



**SATURDAY, APRIL 20TH  
FROM 10:00 AM - NOON**

The bike rodeo is a FREE event that teaches children K-8 bike safety and provides a fun and interactive experience to practice bike handling skills. Activities include bike and helmet fittings, obstacle courses, safety demonstrations, and prize drawings. Bicycles will be available or can be brought from home. There will also be a bike tune-up station and booth with information about bike trails and other outdoor events and opportunities happening around the county.

**ADOPT-A-BIKE PROGRAM**

Tillamook County Wellness is partnering with WashCo Bikes to provide free refurbished bicycles to children and adults in need. For more information and to apply for a bike, scan the QR code or email the contact below. Applications must be submitted by April 17th.



**Questions?**  
Please contact Mari Tasche at  
tasche@ohsu.edu





# APRIL 2024

## GARIBALDI GRADE SCHOOL

BREAKFAST AND LUNCH  
ARE FREE FOR ALL  
STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Bars <b>1</b> Chicken Strips & Rice Pilaf Deli Sandwich	Scrambled Eggs & English Muffin <b>2</b> Chicken Soft Taco Deli Sandwich	Strawberry Smoothie <b>3</b> Teriyaki Chicken & Rice Cobb Salad	Breakfast Sandwich <b>4</b> Sloppy Joe's Chicken Taco Salad	Oatmeal Rounds <b>5</b> Pizza Sticks Little Dipper Bentos
Strawberry Bagel <b>8</b> Solar Sack Lunch Weather Permitting, we will celebrate the partial solar eclipse!!	French Toast <b>9</b> Burritos Deli Sandwich	Blueberry Muffin <b>10</b> Mac & Cheese Deli Sandwich	Biscuit & Sausage <b>11</b> Pulled Pork Sandwich Chef's Salad	Pancakes <b>12</b> Breakfast For Lunch
Breakfast Sandwich <b>15</b> Cheesy Breadstick & Marinara Deli Sandwich	Zucchini Bread <b>16</b> Enchiladas Chef's Salad	Pancake on a Stick <b>17</b> Orange Chicken w/ Rice Chicken Salad	<b>18</b> PARENT/TEACHER CONFERENCES NO SCHOOL <b>19</b> PARENT/TEACHER CONFERENCES NO SCHOOL	
Breakfast Bar <b>22</b> Corn Dog Deli Sandwich	Scrambled Eggs & Toast <b>23</b> Taco Tuesday Chef's Salad	Banana Bread <b>24</b> Spaghetti Deli Sandwich	Breakfast Sandwich <b>25</b> Tillamook Cheeseburger Deli Sandwich	Oatmeal Rounds <b>26</b> Chicken & Rice Pilaf Deli Sandwich
Cream Cheese Bagel <b>29</b> Soup & Sandwich	French Toast <b>30</b> Nachos Little Dipper Bentos			

A variety of fresh fruits and veggies are available daily on our offering bar. All of our bread and pasta items are whole wheat or whole grain. Gluten free options are available. Every day choices of 1% and fat-free milk are offered. Whole grain cereal is an option for breakfast. Menu items are subject to change if needed. **"This Institute is an equal opportunity provider"**



### Garibaldi Grade School

Email: [lisas@nknsd.org](mailto:lisas@nknsd.org) Website: [nknsd.org](http://nknsd.org)

Location: [604 Cypress Ave, Garibaldi, OR](http://604CypressAveGaribaldiOR) Phone: [503-322-0311](http://503-322-0311)



**Lisa S**

Lisa is using Smore to create beautiful newsletters