



## NORTH SLOPE BOROUGH SCHOOL DISTRICT

### MEMORANDUM

**TO:** Qaiyaan Harcharek, President  
Members of the School Board

**THROUGH:** Peggy Cowan, CEO

**THROUGH:** Lincoln Saito, Chief Operations Officer

**FROM:** Jeremy Goodwin, Activities and Wellness Program Facilitator

**DATE:** April 6, 2017

**SUBJECT:** First Reading of BP 5040 Student  
Nutrition and Physical Activity

**MEMO#:** SB17-135  
**Action Item**

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#### **NSBSD Strategic Plan Goal:**

- 1) **Academic Success/Whole Child:** All students will reach their intellectual potential and achieve academic success through integrating Iñupiaq knowledge systems into the core content areas and focusing on the development of the Whole Child
- 3) **Community Responsibility:** Foster collective responsibility, commitment and trust between the school and community.

#### **Issue Summary:**

All districts participating in and receiving Federal funds through the *National School Lunch Program and/or School Breakfast Program* are required to adopt a similar policy.

#### **Background:**

*Healthy Hunger-Free Kids (HHFK) Act* required our Wellness Committee to study our Board Policy 5040 and recommend changes that included the following:

- 1) Include goals for nutrition promotion, education, physical activity, and other school-based wellness activities.
- 2) Include nutrition guidelines.
- 3) Permit stakeholders (e.g., parents, students, school administrators, and the general public) to participate in the development, implementation, review and update of the local wellness policy.
- 4) Inform and update the public (including parents, students, community members) about the content and implementation of the local wellness policies.
- 5) The wellness policy should be measured periodically with assessment results available to the public.

#### **Wellness Committee:**

The Wellness Committee met several times to review the federal law, discuss, and agree on recommended changes to BP 5040. The members of this Committee are: Wendy Battle, Chris Battle, Jennifer Thompson, Geno Ceccarelli, Dr. Sherry McKenzie, Brooks Fry, Esther Jefferies, Claudia Stickman, Doreen Leavitt, Daniel Thomas, Deshaun Whiskey, Linda Minor, Angela Valdez, Jeremy Goodwin, and Brian Freeman.

**Recommendation:**

Attached is Board Policy *BP 5040 Student Nutrition and Physical Activity* and the Committee's recommended changes. Passing these proposed changes will allow the District to continue to participate in and to receive Federal funds through the *National School Lunch Program and/or School Breakfast Program*. These recommended changes will also improve the nutrition standards in our schools for our students.

**Motion:**

"I move to adopt the changes to *Board Policy 5040* to include changes that include requiring foods and beverages made available on campus to comply with the "Smart Snacks at School" guidelines and setting minimum time for physical education and physical activity."