



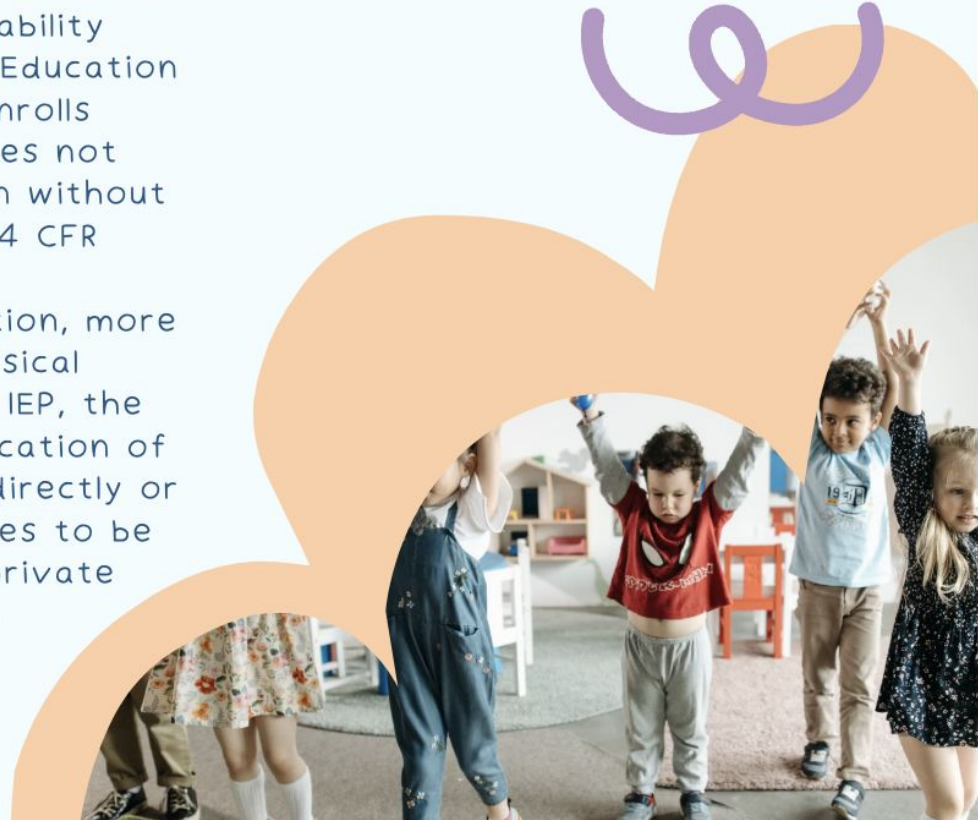
Adapted Physical Education

New Fairfield Public Schools

Why APE

Physical Education Mandates of IDEA

- IDEA states that “physical education services, specially designed, if necessary, must be made available to every child with a disability receiving Free and Appropriate Public Education (FAPE), unless the public agency enrolls children without disabilities and does not provide physical education to children without disabilities in the same grades” (34 CFR §300.108).
- If specially designed physical education, more commonly known as adapted physical education, “is prescribed in a child's IEP, the public agency responsible for the education of that child must provide the services directly or make arrangements for those services to be provided through other public or private programs” (34 CFR §300.108).




APE Philosophy







Mission Statement

Adapted Physical Education (APE) is an individualized program that assists students who receive special education services in accessing equitable physical education in their least restrictive environment.



Core Values

- The instruction is adapted to the needs of the student.
 - The environment adjusts to the individual
 - The curriculum aligns with General Physical Education curriculum
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APE in NFPS Development Highlights

Team

2022 formed a team of PE teachers, PT/OT, special education and administration to study APE.

Process

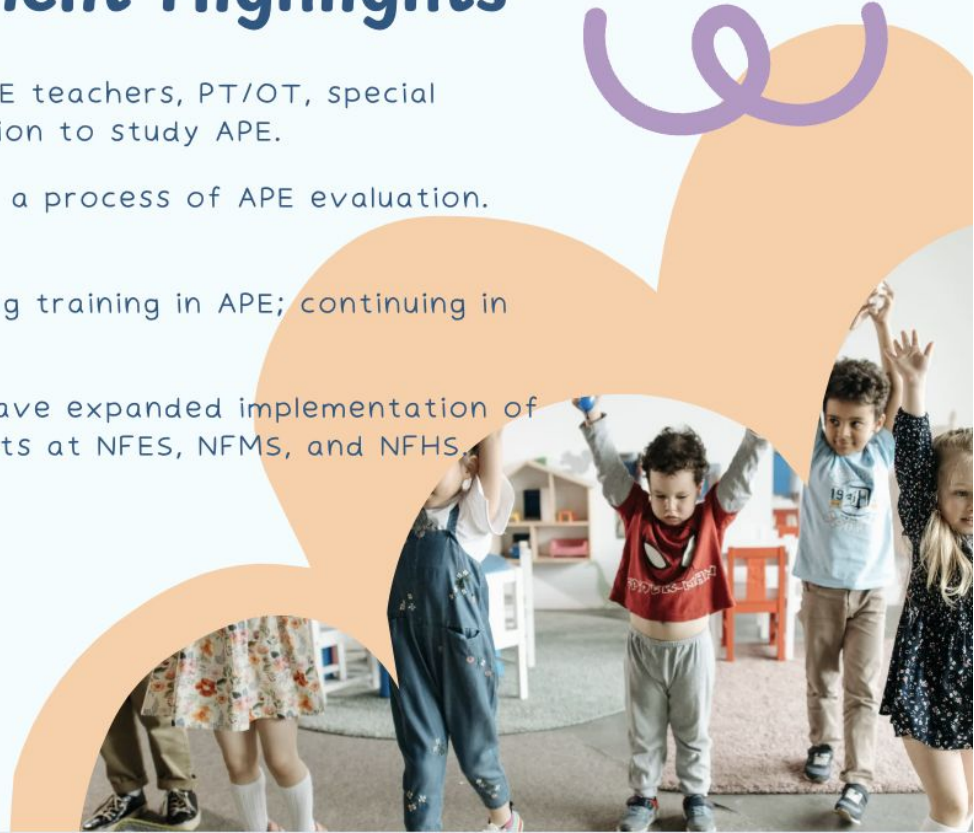
2023-2024 Team created a process of APE evaluation.

Training

2023 staff began receiving training in APE; continuing in 2024-25.

Implementation

2024-2025 PE teachers have expanded implementation of Adapted PE to our students at NFES, NFMS, and NFHS.



Professional Development

Research/Self-guided

- *Evaluation process training
- FCPS Online Modules

Michael Laughlin, Southern CT State University

- APE Foundations Presentation
- Future: Paraprofessional support workshop – Bob Hale with Unified PE





Future: Unified PE

Overview

Unified PE is a program designed to bring together students with and without disabilities to participate in physical activities together, promoting inclusion and fostering leadership skills through a structured curriculum based on national physical education standards

- 10/4/24: Observed JBHS Unified Wellness Program
- Unified Sports Program Established Spring 2024
- Attend Unified Homecoming at JBHS on 11/22/24

