



## SCHOOL BOARD MEETING REPORT

**Board Meeting Date:** June 14, 2023

**Superintendent:** Dave Valenzuela

**Administrator/Staff:** Jessica Durrant

**Type of Item:**       *Informational*       *Action*

**Please state your proposal briefly and clearly. What do you want the board to know, discuss, or decide?**

This Board Report is requesting out of state travel for a group of 5 Mental Health Coordinators from TRSD to attend a *Student Mental Wellness Conference* in Anaheim, California. The workshop will be led by many nationally known experts in the mental health field, all specializing in supporting students grades K-12. The conference is held September 7-8, 2023 and estimated cost of \$9,500 to attend this training will be paid for by Title II Funds (grant money). Upon completion of the training, Director Allen-Hart and Director Durrant will meet with the team attending the conference to debrief information learned and how it can be implemented in our schools.

**Provide history/background information on your proposal:**

Supporting the mental health of students and staff is part of our Culture of Care we value and prioritize. We are fortunate to have support from our mental health team at all levels in the district, but it is vital we provide them with additional professional development. This conference will help the team build the resources and strategies they use with students and staff to promote wellness.

**List the advantages of your proposal:**

Attending the training will increase understanding of mental health supports and how best to intervene if issues arise with students and families.


**List possible disadvantages of your proposal:**

None known.

**List possible alternatives that could also offer a solution to your proposal. Why were they not recommended?**

We are not aware of any online options that could be an alternative.

**Superintendent's recommendation(s):**

  
**Approve:** Yes  No