# Mahtomedi High School



Social Emotional Learning February 22, 2018

## Current Reality

PSYCHOLOGICAL ENGINEER PHORICAL STRESS PRODUCTS OF STRESS PRODUCTS OF STRESS PRODUCTS PRODUCT

#### Mental Health

Social Media and Technology

**Outside Professional Support** 

Chemical Abuse

Homelessness

Disenfranchised Youth

- Abuse
- Aggression
- Anxiety
- Defiant Behaviors
- Denial
- Depression
- Eating Disorders
- Isolation
- Suicidal Ideation
- Trauma
- Truancy/School Avoidance

#### Social Emotional Interventionists

Universal - Tier I

Pre Intervention - Tier II

Individualized - Tier III

All Staff

Administration
Behavior Specialist
Mental Health Specialist
Nurses
School Counselors
School Psychologist
504 Plan Managers
Co-located

- Canvas Health
- Family Means
- Hazelden Betty Ford
- Youth Service Bureau

Administration
Behavior Specialist
Mental Health Specialist
Paraprofessionals
School Counselors
School Psychologist
Special Education Staff
916 Consultation
Co-located

- Canvas Health
- Family Means
- Hazelden Betty Ford
- Youth Service



#### Universal Interventions

All families and students have access to:

- Administration
- Behavioral Intervention Specialist (part time)
- Counseling
- Mental Health Specialist (part time)
- Staff



Administrative Office
Co-located Services
Counseling Office
Health Office
Lunch and Learn
Multipurpose Intervention Room
School Resource Officer
Speakers and presentations

- Safety
- Equity
- Grade level meetings

Study Strategies Curriculum Zephyr Link Crew

#### Universal Interventions

#### **Grade Level**

- Grade 9 Individual 4 Year Learning Plans
- Grade 10 Small Group Sessions
- Grade 11 Post Secondary Plans
- Grade 12 College & Career Plans and Graduation Checks

Access to Staff - high participation

Accommodations for Individual Students

BonaFide U Partnership

Depression Screening (Anxiety Screening planning)

**Exit Meetings** 

**Licensed Registered Nurses** 



### Universal Interventions Continued

MHS Online Courses Offerings
Minnesota Career Inventory Survey (MCIS)
Peer Tutoring
Re-entry team planning and implementation
Restorative Justice Practices
Trauma Informed Professional Development
Zephyr Ambassador and Zephyr Crew Programs



#### Pre Intervention Practices

Angel Fund Resources
Backpack Program
Co-taught Classes
Co-located Programs

- Canvas Health Real Talk
- Family Means
- Hazelden Betty Ford
- Youth Services Bureau

Depression Screening Follow Up Hazelden Curriculum in Health Class Homeless Liaison Parent Communication Network

Presentations

Staff Professional Development

WA County CONNECT

Washington County Canine Partnership

Problem Solving Team

Washington County Diversion Services

Washington County School Resource Officer

**Study Strategies** 

Zephyr Crew

504 Plans - Physical, Medical and Mental Health



#### Individualized Practices

Exit Meetings
Individual Education Plans
Individual Education Team Meetings
Intake Meetings
Parent Intervention Resource Consultation
Peer Mentoring
Transitional Meetings



## Social Emotional Standards

District Wide Team

SEL Standards Identification

Strengthening System for Support



### Student Out of District Placements

2015-16 9 students

2016-17 20 students

2017-18 15 students as of Feb 22, 2018

1.2% of MHS students currently receiving mental health services outside of district

- Partial Hospitalization 6-8 weeks
- Day Treatment 6-18 months
- Residential Programs



#### Student In School Interventions

- 60 Students enrolled in Study Strategies Class
- 57 Students In School Suspension with Restorative Justice Strategies or
  - Partial Intervention Day
    - Academic Support
    - Anxiety
    - Depression
    - Discipline
    - Family Challenges
    - Health Related Challenges
    - Legal Concerns
    - Stress



