

FORT VANNOY NOBLE NEWS



We are a responsible and caring community of learners.

Alicia Timbs, Principal

March 2019

CALENDAR OF EVENTS 2019 March 2019





The World According to Humphrey

5th- Mardi Gras-

6th- District Science Fair @ District Office-Judging

7th- SPRING Picture Day-8:00 am to 11:00am



8th- District Science Fair-Open House 6-8 pm

10th- Daylight Savings Begins



11th- Butter Braid Bread Sales Begin PTO Meeting 2:15- Room 11

17th- St. Patrick's Day-Wear Your Green



--- Mrs. Anderson's room-2:05

20th- 2019 Rotary Student of the Year Luncheon

Earth Dav-





25th-29th- SPRING BREAK

April 1st- School Resumes April Fool's Day-



Yes, school really does resume!

ROTARY STUDENT OF THE YEAR JANAE NUGENT





I am so proud and thrilled that Janae was chosen to be Rotary Student of the Year. Janae is an extremely dedicated, helpful, and friendly student. She adds so much to Fort Vannoy and is a perfect candidate to represent Fort Vannov. Great job Janae! Mrs. Timbs

Every time I pass Janae in the halls she puts a smile on my face. She radiates kindness and is a joy to know. Her future is bright, just like her. -- Mrs. Gibson



Janae so often looks for that next little touch to make something "just right." She also is a willing participant. whether she is the center of attention or not. She is a real Team Player! -- Jim Kriz



Janae holds a special place in my heart. It has been a pleasure to watch this young lady grow throughout the years. Jange always has kind, positive, pleasant things to say about her peers. Congratulations Janae on this wonderful accomplishment. -- Mrs. Verser



Janae Nugent has been an exemplary student at Fort Vannoy. I had the privilege of having her in my fourth grade class. Janae is like a ray of sunshine! Every day she is friendly and greets me with a smile. She glows with a positive attitude and has a generous spirit that she shares with those around her.

Janae is an excellent student too. She strives her best academically and is a hard worker. She excels in all subject areas. She enjoys writing and doing projects. She gives 100% to her assignments. She is truly a role model for other students and deserving of Rotary Student of the year. -- Mrs. Mohr



Janae is a kind hearted, hardworking young lady. She always strives to do her best, while looking for the best in others. While in Leadership Janae has been working on finding various ways to improve our school. She participates whole-heartedly in Leadership, fulfilling whatever leader role is requested of her while not only maintaining her academic progress, but also looking at ways to improve her academics. Janae is a wonderful role model for other students. Mrs. Anderson



I have had the pleasure of teaching Janae Nugent in both 1st and 5th grade. Janae is an amazing example of great character. She always gives her best in whatever she does and is willing to help whomever needs it. She is a fantastic leader and role model. I look forward to seeing her future unfold. Mr. Standley



FROM THE DESK OF . . . HOLLY CUNHA,



In the spirit of St. Patrick's Day students were asked what made them

feel LUCKY! The I Feel Lucky When . . .

Blaine—When I go to Par Core class.

Russell—I play with my LEGOS

Malachi—My brother plays with me

Trip—I have \$100 in money Virgil—I play on the playground

James—I get special things from my mom Cassie—I'm going to recess

Gunnar—I get Taco Bell for lunch Finley--I play on the PS4

Alice—I get to go to a Water Park trip
Cadence—I am riding horses with my mom

Alexis—I get to go to school

Liam—I am playing soccer with my cousins
Audrie—I get a lucky coin
Abigail—I get to be 1st to play on my brother's
laptop

Ryder—When I have money
Ryan—When I am with my mom and play games
Maveryk—When I am at school

Baylee—When I have anew best friend Lilia—My mama says "Yes" to giving me a piece of

candy

BATTLE OF THE BOOKS



The "Battle" took place on February 14, 2019. The following teams competed for the title.

- The Boomers; Kannon Clark, Deaven Butler & Brody Gibson
- 2. **Rainbow Mustaches**; Kevin Rader, Eden Bolen, Ryan Brock, Lucas Cornelison & Taylon McKellar
- KLASA; Kambree Josh, Amber Long, Sophie Eaggleston, Lakshmi Bhatagalikar &Aspen Jump
- 4. **Lightening Miners**; Kayden McIntyre, Mathew Vanzant, Claire Martel & Chermia Clouser
- Smart Pineapples; Lilly Klumpp, Kyla McCarthy-Reeves, Clay Brazier, Samuel Schlitz & Mauricio Mendez
- 6. **Wougar Smoothies**; Wyatt Nelson, Donoven Waycott, Brian Ballard & Tanner Core
- 7. **Infinity Friends**; Zadie Torrance, Sasha Hollister, Kayla Grider, Colbie Estes & Attalia Paredes
- 8. **Firecrackers**; Mila Johnson, Jett Sullivan, Lilah Brock & Carson Standley
- 9. **Unicorn Sparklers**; Elice Hoadley & Makenzie Murphy- Kramer
- 10. **Girls AEA**; Andrya Silvia, Alena Hogan & Elizabeth Whetstone

Each team went head to head answering questions from the many books that they had read. After the dust had settled two teams went on to the finals. The two teams vying for the title were; KLASA and Infinity Friends. It was a very even battle but coming out on top was Infinity Friends. However, both KLASA and Infinity Friends will go on to represent Fort Vannoy at the District Finals, March 2, 2019, being held at Lorne Byrne Middle School. Look for the results in next month's Noble News.

District Science Fair

The District Science Fair will take place on March 6, 2019. Look for Fort Vannoy students results in the next issue of the Noble News. The Science Fair Open House will take place March 8, 2019 also at the District Office from 6:00 to 8:00 pm. This is the perfect opportunity for family members to visit and see all the great projects that the students created.



Save-Save-Save

Classroom Totals for the year are:

Mrs. Cunha: 103 Miss Krull: 231 Mrs. Roeske: 318 Mr. McNew: 144

Mrs. DeVore: 201 Mr. Kriz: 345 Miss Evans: 340

Mr. Biencourt: 131 Mrs. Mohr: 56 Mrs. Anderson: 236 Mr. Standley: 148

TOTAL: 2,253



OUR ORGANIZATION NUMBER HAS CHANGED NEW NUMBER IS SQ182

Fort Vannoy Elementary School (SQ182)
The Kroger Company has recently upgraded their system and as a result Fort Vannoy has a new account number. Please reference this new number, SQ182, when contacting us for assistance.

fmcommunityrewards@fredmeyer.com
So far, Fort Vannoy School has 28 households signed up and we have earned \$112.10 in donations. If you are already a member your previous number will continue to be associated with our school.

BREAKFAST/SNACK/LUNCH PROGRAM

Just a reminder—HEALTHY, NUTRITIONAL BREAKFAST, SNACK, and LUNCH are available, at no charge, for all students.



GOOD NEWS CLUB







Free release time Bible classes for character development with parental; consent. Meets off campus nearby. Bussed to the Price farm at 670 Hunt Lane. Released at 12:45 for one hour on Fridays to avoid conflict with the core curriculum. Registration slips available at your school or by email @

jim@cefjo.com

Not affiliated, staffed or sponsored by the school or district, but staffed by trained and screened volunteers from local church congregations for over 50 years. For more info, contact CEF Josephine @ 541-476-5235 or Club Supervisor Julie Woolsey @ 541-916-2223

TO CHECK OUT FORT VANNOY EVENTS GO TO:

threerivers.k12.or.us

Click on schools and then click on Fort Vannoy and pull up the calendar. There is also a fort Vannoy Facebook page. Simply type in Fort Vannoy Elementary and find our Facebook page. Lots of information and pictures.



THREE RIVERS SCHOOL DISTRICT NEWSLETTER

Want to know what's happening in your school district?

Check out the Newsletter

THREE RIVERS TIDINGS AT:

Threerivers.k12.or.us Find under Quick Links

"The District News"

CALLING ALL VOLUNTEERS

Fort Vannoy encourages all parents, grandparents and community members to volunteer at our school. Please go to the district website:

www.threerivers.k12.or.us

Go to the District drop down tab and select Volunteer Information and complete the form. After you are approved to be a volunteer, which could take up to two weeks, please come to the office and sign in on the laptop computer located

Mrs. Verser's counter.

<u>UPCOMING EVENTS</u> FORT VANNOY CARNIVAL

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SILENT AUCTION Friday, May 3, 2019





Kindergarten Launch

If your child will be five (5) years old by September 1, 2019, then please join us May 16,2019. Please bring your child's birth certificate and up-to-date immunization record. More information will follow.



Home&School CONNECTION® Working Together for School Success

March 2019

Fort Vannoy Elementary School



Display schoolwork

Saving work your youngster brings home is one way to show her that school is important to you. Consider creating a hallway gallery of framed papers and artwork, or store her work in a coffee-table binder. Tip: Take photos of her sculptures, dioramas, and other 3-D projects. Display the photos, or add them to her binder.

A list-making habit

Get your child in the routine of making checklists in a student planner or notebook. Suggest that he write down tasks in the order he needs to complete them. Encourage him to check off each item as he tackles it—he will enjoy a sense of satisfaction as his list grows shorter.

Promote a work ethic

A good work ethic, or a belief in the value of hard work, will make your youngster better at any job she undertakes. Develop this trait by giving her regular chores like taking out the recycling or sweeping the floor. Then, let her know how her contribution makes a difference. ("The kitchen looks nice and tidy thanks to you!")

Worth quoting

Why fit in when you were born to stand out?" Dr. Seuss

JUST FOR FUN

Q: "I pass before the sun but make no shadow. What am I?"



A: The wind.



With science, technology, engineering, and math jobs in demand, STEM is a hot topic these days. Being a curious, critical, creative thinker who can solve problems will help your child do well in STEMand in every area of life. Try these ideas.



Bring out your youngster's natural curiosity by discussing what you're curious about. ("I wonder why rainbows are curved and not straight.") Then, he could experiment to find out. Perhaps he'll create his own rainbows using a flashlight, a mirror, and a pan of water.

Make a "tinker box"

Your child will use critical thinking skills by tinkering with natural objects and loose parts. In a shoebox, let him collect items like pebbles, acorns, seeds, straws, rubber bands, and clothespins.

He could add new objects as he finds them. Maybe he'll design a "claw machine" that picks up small objects or examine an acorn under a magnifying glass.

Promote problem solving

Treat everyday problems as learning opportunities. Say the TV remote won't work, even though you just replaced the batteries. Have your youngster think of solutions and test them. He might check that the batteries are inserted correctly, try batteries he's sure are fresh, or turn the TV off and on again.♥

Parent-child chats

Regular conversations with your youngster keep the two of you close—and build her language skills. Here are suggestions for making chats more meaningful.

Phrase questions thoughtfully. Questions that require more than a one-word answer will lead to more informative answers. Try "What made you laugh today?" rather than "Did you have a good day?"

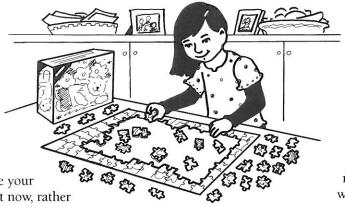
• Show you're paying attention. It's easy for busy parents to respond out of habit without focusing on what youngsters are really saying. Instead, look your child in the eye, and stop to consider her words. She'll know that what she has to say matters to you.♥



Learning to be patient

Patience is a skill that can be learned. Kids who develop it tend to have greater self-control and even do better in school. Foster patience in your youngster with these tips.

Live in the moment. Encourage your child to enjoy what's going on right now, rather than looking forward to what will happen next. For example, she could look out the window at the sunset while she waits for you to get off the phone. Or if she's having trouble falling



asleep because she can't wait to visit her friend tomorrow, she might focus on how warm and cozy she feels in her bed now.

Enjoy the payoff. Have your youngster think of something that took her a while to master, such as learning to read music. Then, remind her of how good she felt when she succeeded. Share an example from your life, too. *Idea*:

Let her take on an activity or a project that requires patience, like growing a plant or putting together a jigsaw puzzle.♥

Top tips for standardized tests

How can you help your child do well on standardized tests? Consider this advice from teachers:

• "Emphasize effort rather than scores. Your youngster will feel more confident and relaxed on test day if he knows that doing his best is what counts the most."

- "Have your child do any practice tests or packets that the teacher sends home. Ask him about the material, and look over the work to be sure it's complete."
- "Make sure he gets enough sleep, at least 9–11 hours, each night. He'll be more alert and focused during the test."
- "Give your youngster a balanced breakfast on test day so he has energy and isn't distracted by a growling stomach. Whole-wheat toast, fruit, and yogurt make a brain-boosting combination."

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated 128 N. Royal Avenue • Front Royal, VA 22630 800-394-5052 • rfecustomer@wolterskluwer.com www.rfeonline.com

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Autism: Support for parents

e: My daughter has autism, and although she's making good progress, she has some behavioral challenges. I'm a working single parent—how can I handle the demands?

A: To take the best care of your daughter, you need to also take care of yourself. If possible, try getting up before she does.

Take a warm shower, and enjoy a cup of tea. You'll feel calmer and ready to start the day on a positive note, which can help her behave better.

Also, look for people who will stay with your child while you recharge. You might run errands or try a new hobby. Ask friends, family, and neighbors if they're able to help or know anyone who can.

Finally, consider joining an autism support group. Connecting with other parents who face similar challenges will make you feel less alone, and you'll get information and advice for helping your daughter. Check online, or ask your child's doctor for referrals.

CORNER

Pump up your memory

A good working memory lets your

youngster switch back and forth between tasks and do work that involves more than one step. Sharpen his memory with these activities.

Story chain

Build a "repeating story" by remembering what everyone before you has said. One person starts with a sentence like "I'm riding a

_____ to the ____," filling in the blanks. ("I'm riding a kite to the moon.") The next person repeats the sentence and adds his own sentence. Continue until someone

skips a sentence, says them out of order, or can't remember one.

The last time I...

When was the last time you used a ruler or saw frost on a window? This game strengthens your child's power of recall. Take turns calling out a question, such as "When did you last eat an egg?" To answer, everyone needs to think about

details and context.

("We had tacos in school on Monday.
So it must have been Tuesday, when I got the salad bar and put hardboiled egg slices on my lettuce.")♥







Smoke Alarms & Installation

number of home fire-related deaths and injuries. Get your FREE smoke alarm(s) The American Red Cross Home Fire Preparedness Campaign aims to reduce the installed by trained Red Cross volunteers. To register for an appointment:

CALL: 503-528-5783

Email: preparedness@redcross.org

Complete an online form at:

redcross.org/cascadeshfpc

(click on the "About Us" tab)



American Red Cross

In partnership with the Office of the Oregon State Fire Marshal.