

# Spookinaapi (Good Health) Project

## Project

- 5-year SAMHSA grant
- (3) Tier socio-cultural-ecological approach
- Target Areas
  - Under-Age Drinking
  - Marijuana use
  - Prescription pain Killers (Opioids)
  - Suicide
  - Family engagement
- Target population
  - Grades 2-12

Goals & Objectives for the program

Goal 1. Provide Prevention education, activities and awareness for the schools and community.

Goal 2. Continue to serve caseload in each building and provide access to Mental Health services.

Goal 3. Establish a mentoring program for each building and target at-risk students.

## Current Projects

The Spookinaapi program collaborated with 21<sup>st</sup> century to host an the Graduation PowoWows Future activities will plan a series of Fun Runs , relays and trail runs with Blackfeet Tribal Health The spookinaapi program did administer the YRBS and Prevention assessment to the Middle and High School students, results are pending

Cinnamon Crawford is located at the Buffalo Hide Academy as the Spookinaapi Director, she over sees the day-to day operation of the project, Cinnamon will be working closely with the Blackfeet Tribal health programs to better serve the youth and the community. Currently the Spookinaapi Program is collaborating with the student activities, and wellness committee Cinnamon also helps with the Covid-19 she helps with rapid testing and contract tracing through the school the district. Contact information (406) 338-4380; email: [cinnamonc@bps.k12.mt.us](mailto:cinnamonc@bps.k12.mt.us)

Kiana McClure is located at the Browning High School as the Prevention Specialist. This month I have worked on the referral process with Crystal Creek and ways to implement the second step process for repeat offenses along with planning for the Sobriety ball. Insight was conducted this month in collaboration with BLES. Officer Tristen Polk came in and talked with the students about his role in the agency and introduced them to his K-9. I also worked with Kayla in the Middle School in a culturally focused class and discussed risk and protective factors with students. Lastly, the Safe Ride Home program

concluded the last event for the year with three students using the call line; these students were from outlying communities. These communities included Heart Butte, Babb, and Starr School.

Kayla Burns Browning Middle School specialist – This month I have done tobacco prevention education with 6th graders highlighting the sacredness of tobacco among indigenous people. Elisha and I also continued our pictograph spring renewal activity with the kids which should be finished this week. This activity is like the "winter count" activity but the theme has to do with Blackfeet's idea of the New Year, "When our moccasins touch green grass again," so it has a theme of goal setting and sharing the pride of their story through a pictograph. We have been working on this for a few days each week for the last couple of months. I also did a week-long lesson with 7th graders on goal setting, decision making, and wellness in which their big project for this activity was "vision boards". I can send pictures of the vision boards today, they should be finishing this up tomorrow. Kiana and I also touched on risk factors, protective factors, and substance abuse in this lesson utilizing the worksheets we created.

Browning Elementary Specialist is Kailey Hall, is proving the Too Good for Drugs Curriculum with the students, she does a lot of social emotional activities, Kailey provided prevention activities and education during specials every day, her current project is helping with the clothing closet and food pantry, Kailey has a food pantry, she makes home bags for the students, Kailey also provides a break room for the students who may not be feeling well, or just need to have a breather.

Tessa Wells is located at Napi Elementary as the Prevention Specialist, during this month the Spokinaapi specials have been focusing on reviewing the information learned from the lessons throughout the school year. Nearing the end of the school year I felt it would be important to reiterate the important topics that students can move forward with to the next school year. The Spokinaapi specials have also been focusing on positivity with self and others. Some of the activities that the students have completed is how they would change the world, kindness cards, identifying positive things that make them unique, and creating inspiring quotes to be given to another student. Students have grown so much from fall to spring and I feel like incorporating the activities listed above allows them to recognize their growth. I feel these types of activities have been most instrumental in developing self-confidence and ability to embrace their individualities. This is an important aspect of providing prevention education so that students can establish boundaries and strategies to navigate healthy choices throughout their lives.



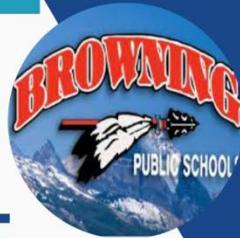
Community  
**Health  
Fair**



**Wednesday  
March 15, 2023  
At Browning  
Elementary Gym**

9:00AM-10:30AM BMS  
10:30AM-12:00 PM BHS  
1:00 PM-2:00 PM Napi,  
KW/Vina & BES

SOH-KIN-NA-PII  
Good Health



UNIVERSITY OF  
**MONTANA**  
Skaggs School of Pharmacy

**LIVE LIFE  
WITH HEALTH  
AWARENESS**

**FREE HEALTH TESTING**

- ✓ Diabetes Screening
- ✓ Vaccine Shots
- ✓ Health Screening
- ✓ Prevention Resources



Browning Elementary  
105 2nd Ave SW, Browning, MT 59417

For More Information Please Call BPS Spookinaapi (406)338-4380  
or Tribal Health (406) 338-7521 ex 2202











