



**Wellness Committee Minutes**

**Wednesday, April 8, 2026, 3:45-4:30 pm**

**Middle School Collaborative Meeting Space**

- 1) Review of Wellness Action Plan- Addition of HS comfort dog, district wide focus on trauma sensitivity.**
- 2) 10th Grade Vaping & Cannabis presentation feedback- Community/parent presentation offered on 3/30- low attendance. Discussion re: energy drinks.**
- 3) Minnesota Student Survey- Includes grades 5, 8, 9, 11. Social Media usage questions were included for the first time.**
- 4) 988 Awareness- free & confidential- Option to call the hotline from a classroom so students become familiar with the resource. Magnets delivered to the HS.**
- 5) May 6th- Bike to School Day**
- 6) Food Service Update- Bidding for 26/27 school year, limited summer meal availability (400 slots).**
- 7) What are you seeing this year? How are students? Continued need for student mental health services.**

**Members Present: April Sunram, Maria Amundson, Cami Eckhoff, Anne Skjold, Trisha Mariotti,**

**Mickey Okeson, Karen Nitzkowski, Kylie Johnson**