

ROBERT SHELDON II

MISSION: to provide a learning environment that inspires and challenges students and employees to excel. VISION: To graduate all students with the knowledge, skills, and attitudes necessary for a successful future.

IA/3A Cross-Country

MONDAY AGENDA Athletic.net

3A Kotzebue Girls Volleyball

Big Teams

IA/3A XC UPDATE AND REVIEW

IA NWABSD Schedule

Date	Event	Location
September 6	Kiana Invitational	Kiana
September 13	Kotzebue Invitational	Kotzebue
September 20	NWABSD Conference Meet	Noorvik
October 5	ASAA State Meet	ANC: Bartlett Trails

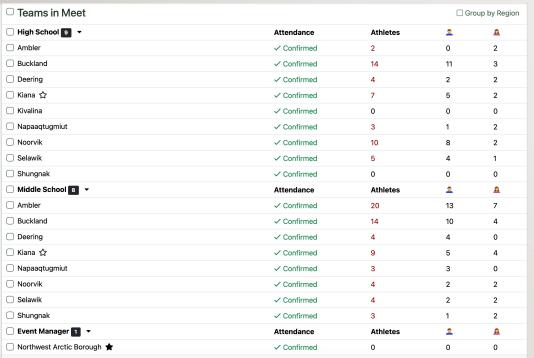
3A Kotzebue Schedule

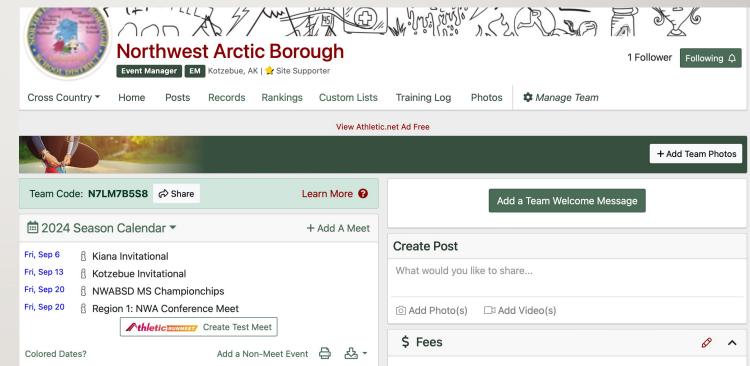
Date	Event	Location
September 7	Nome-Beltz Invitational	Nome
September 13	Kotzebue Invitational	Kotzebue
September 21	Chugiak Invitational	Chugiak
September 28	Big West Conference Meet	Barrow
October 5	ASAA State Meet	ANC: Bartlett Trails

2.5 credits must me earned from prior spring 2^{nd} semester to be eligible for 1^{st} semester sports.

XC COACHES

Site	Coach	Contact
Ambler	Marvin Sheldon	Msheldon@nwarctic.org
Shungnak	Dawn Davis	Ddavis@nwarctic.org
Kobuk	N/A	
Buckland	Herman Ticket	Hticket@nwarctic.org
Deering	Brent Noe	Bnoe@nwarctic.org
Selawik	Karen Wells	Kwells@nwarctic.org
Noorvik	TBD	
Kiana	Ronnie Hawley	Rhawley@nwarctic.org
Noatak	Benjamin Heebner	Bheebner@nwarctic.org
Kivalina	TBD	
Kotzebue	Jusan Catalan	Jcatalan@nwarctic.org





ATHLETIC.NET – MEET MANAGEMENT

REGISTERED ATHLETES

Na	ame Box	В	С	D	Е	F	G	
INC	עוווסופוגום	Race	Gender	Team	Grade	First	Last	
2								
3	1	5000 Meters	М	Buckland	12			
4	1	5000 Meters	М	Buckland	10			_
5	1	5000 Meters	М	Buckland	12			
6	1	5000 Meters	М	Buckland	11			
7	1	5000 Meters	М	Buckland	120			
8	1	5000 Meters	М	Buckland	12			
9	1	5000 Meters	М	Buckland	10			7
10	1	5000 Meters	М	Buckland	12		T' .	
11	1	5000 Meters	М	Buckland	10			
12	1	5000 Meters	М	Buckland	10		Jones	
13	1	5000 Meters	М	Buckland	11			
14	1	5000 Meters	М	Deering	12			
15	1	5000 Meters	М	Deering	10			
16	1	5000 Meters	М	Kiana	12			
17	1	5000 Meters	М	Kiana	12			
18	1	5000 Meters	М	Kiana	11			
19	1	5000 Meters	М	Kiana	10			1
20	1	5000 Meters	М	Kiana	12			
21	1	5000 Meters	М	Napaaqtugm				
22	1	5000 Meters	М	Noorvik	12			
23	1	5000 Meters	М	Noorvik	12			
24	1	5000 Meters	М	Noorvik	12			
25	1	5000 Meters	М	Noorvik	12			
26	1	5000 Meters	М	Noorvik	11			5
27	1	5000 Meters	М	Noorvik	12			
28	1	5000 Meters	М	Noorvik	10			
29	1	5000 Meters	М	Noorvik	10		W.C.	שמ
30	1	5000 Meters	М	Selawik	10			
31	1	5000 Meters	М	Selawik	1		7	5
32	1	5000 Meters	М	Selawik	10			
33	1	5000 Meters	М	Selawik	11			

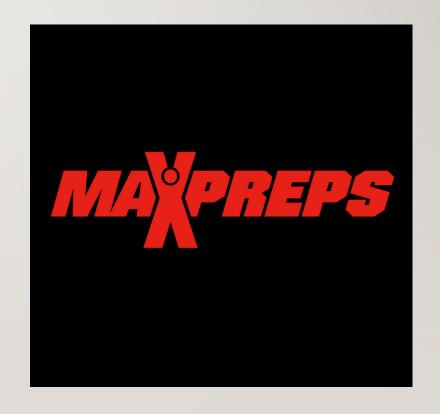
3A GIRL'S VOLLEYBALL UPDATE & REVIEW

Date	Event	Location
September 6/7	Nome-Beltz	Home
September 13/14	Nome-Beltz	Nome-Beltz
September 20/21	Barrow, Bethel, Kotzebue triangular	Bethel
October 17-19	Sitka, Mt. Edgcumbe	Sitka
October 25/26	Redington	Home
November I/2	Dillingham	Home
November 8/9	Western Conference Tournament	Home
November 14-16	ASAA 3A State Tournament	Anchorage: AK Airlines Center

2.5 credits must me earned from prior spring 2^{nd} semester to be eligible for 1^{st} semester sports.

RESULTS- MAX PREPS STREAMS- NFHS NETWORK

Date	Opponent	Time	Location	Туре	Results	Team Stats ③	
Fri, 9/6	Nome-Beltz (Nome, AK)	7:00pm	Home	Conference		×	0
Sat, 9/7	Nome-Beltz (Nome, AK)	2:30pm	Home	Conference		×	0
Fri, 9/13	Nome-Beltz (Nome, AK)	7:00pm	Away	Conference		×	0
Sat, 9/14	Nome-Beltz (Nome, AK)	7:00pm	Away	Conference		×	0
Fri, 9/20	Barrow (Utqiagvik, AK)	ТВА	Neutral	Conference		×	0
Sat, 9/21	Bethel (Bethel, AK)	ТВА	Away	Conference		×	0
Thu, 10/17	TBA Opponent	7:00pm	Away	Non-Conference		×	0
Sat, 10/19	TBA Opponent	7:00pm	Away	Non-Conference		×	0



WHAT IS BIG TEAMS AND WHAT IS IT USED FOR?

- Big Teams is used for student eligibility management and scheduling.
- Coaching staff oversight and documentation.



Parent/Guardian Consents

Play For Keeps Acknowledgment

Sudden Cardiac Arrest Form

Concussion Information parent and Student Verification Form

ASAA Physical Evaluation Form

NWABSD Authorization for Emergency Medical Treatment

BIG TEAM'S STUDENT ATHLETIC FORMS

BIG TEAM'S ACTIVITY STUDENT ACTIVITY FORMS

Play for Keeps Student, Parent/Guardian Acknowledgement Form Please read the following statements, sign below and return to your school's I have participated in ASAA's "Play for Keeps" orientation which includes watching the orientation video. · I understand the terms of the Tobacco, Alcohol and Controlled Substances Policy as explained during the presentation, including the following penalties for violations. • First Offense - 5 days suspension and must complete the first offence educational component • Second Offense - 45 days suspension and additional components • Third Offense - 6 months suspension and additional components • Fourth Offense - 1 year suspension and additional components Additional components can be found within the Play for Keeps - Tobacco, Alcohol and Controlled Substances I further understand that it is solely the school's responsibility to determine if a violation has occurred and that the school's decision may not be appealed to ASAA. I further understand that schools are required to report each violation to ASAA and to maintain strict confidentiality as specified in the policy. More specific wording of the confidentiality statement is found in the policy which is available from the school or at www.asaa.org. I further understand that students and parents/guardian must participate in the orientation and sign this form annually as part of the student's eligibility process. · I further understand that a copy of this signed form must be returned to the school before the student is permitted to participate in interscholastic activities. I further understand that schools shall keep a copy of the signed forms on file. After participating in the "Play for Keeps" orientation and having the opportunity to review and understand ASAA' s Tobacco, Alcohol and Controlled Substances Policy, the violations, penalties and reporting requirements, I agree (both student and parent/legal quardian) to be bound by the terms of the policy. **Printed Name of Student** Student Signature Printed Name of Parent/Guardian Parent/Guardian Signature Sport or Activity

PARENT/GUARDIAN CONSENT FOR STUDENT TRAVEL AND PARTICIPATION

Student Last Name	Student First Name	MI	Date of birth	Grade
Phone	School			
To comply with the requirements indicate what gender the student	s of the Alaska Department of Education was assigned at birth:	n and Early D	evelopment regulation	4 AAC 06.115
	PARENT/GUARDIA	AN		
Parent/Guardian Last Name	e Parent/Gua	rdian First N	ame	MI
Address		City	1	Zipcode
Email				
unun .				
Lindii				
	IT FOR PARTICIPATION AND F	HOTO/VID	EO RELEASE	
I hereby give my consent for the as a representative of his/her schoon out-of-town trips.	above named student to engage in ASA. ol. I give my consent for the the above ght to record, as it relates to participation of myself and/or my child on videotape	A or school dis named studen	trict approved intersche to accompany the gro	up as a member
I hereby give my consent for the as a representative of his/her schoon out-of-town trips. I hereby grant to the ASAA the righe artwork and/or written work to the form of electronic or print it.	above named student to engage in ASA sol. I give my consent for the the above that to record, as it relates to participation of myself and/or my child on videotape myself and/or my child on videotape to the videotape at it	A or school dis named studen n in an ASAA a on film, on pheir discretion.	trict approved intersche to accompany the gro- ctivity, the image and/o otographs, in digital m I further grant the righ	or voice and use ledia and in any it to use, and to
I hereby give my consent for the as a representative of his/her schoon out-of-town trips. I hereby grant to the ASAA the right the artwork and/or written work other form of electronic or print allow others to use, my and/or my and in any other electronic or print the reby release the ASAA and the pursuant to this media release from have or may hereafter have by recompensation with respect to compensation with respect to	above named student to engage in ASA sol. I give my consent for the the above that to record, as it relates to participation of myself and/or my child on videotape myself and/or my child on videotape to the videotape at it	A or school dis named studen in an ASAA a on film, on pheir discretion. written work o d's image and/ ies, costs and of its release mea relinquish any	trict approved intersche t to accompany the gro ctivity, the image and/o otographs, in digital m I further grant the righ the internet, televisio or voice, artwork, and/o xpenses which I and/o st that I and/o my chill	or voice and us edia and in any the to use, and to n, in brochures or written work or my child now ld are to receive

COACHES NFHS COURSES

- First Aid, Health & safety
- Concussion In Sports
- Fundamentals Of Coaching
- Sudden Cardiac Arrest
- State Component

QUESTIONS?