

Board of Education
Beeville Independent School District

Date: April 18, 2006

Subject: FFA (LOCAL):
STUDENT WELFARE

Submitted by: Cindy Clendennen

Consent Agenda

Information: Districts that participate in a program authorized by the National School Lunch Act or by the Child Nutrition Act, such as free and reduced price meals, must have a board adopted policy in place by the first day of the 2006-07 school year dealing with student welfare. The policy is in conjunction with the local School Health Wellness Plan developed by the School Health Advisory committee, administrators, school health services personnel, and the food services director. The purpose of FFA (LOCAL) is to reinforce the district wellness plan and to prevent obesity among students.

The Beeville ISD SHAC met on March 23, 2006 for final approval and recommendation to the Board of Trustees the attached policy FFA (LOCAL): STUDENT WELFARE.

Items Addressed:

FFA (LOCAL): STUDENT WELFARE

Recommended Action:

Approve on first reading FFA (LOCAL): STUDENT WELFARE

Budgetary Information:

None

STUDENT WELFARE:
WELLNESS AND HEALTH SERVICES

FFA
(LOCAL)

WELLNESS

The District shall follow nutrition guidelines that advance student health and reduce childhood obesity and shall promote the general wellness of all students through nutrition education, physical activity, and other school-based activities.

DEVELOPMENT OF
GUIDELINES AND
GOALS

The District shall develop nutrition guidelines and wellness goals in consultation with the local school health advisory council and with involvement from representatives of the student body, school food service, school administration, the Board, parents, and the public. [See BDF and EHAA]

NUTRITION
GUIDELINES

The District shall ensure that nutrition guidelines for reimbursable school meals shall be at least as restrictive as federal regulations and guidance and that all foods available on each campus are in accordance with the Texas Public School Nutrition Policy. [See CO]

In addition to legal requirements, the District shall:

1. Establish age-appropriate guidelines for food and beverages at classroom parties or school celebrations [see CO];
2. Provide teachers with education and guidelines on the use of food as a reward in the classroom; and
3. Establish guidelines for school-sponsored fund-raising activities that involve serving or selling food as outlined in the school nutrition policy supplied by the Texas Department of Agriculture.

WELLNESS GOALS

NUTRITION
EDUCATION

The District shall implement, in accordance with law, a coordinated health program with a nutrition education component [see EHAB and EHAC] and shall use health course curriculum that emphasizes the importance of proper nutrition [see EHAA].

In addition, the District establishes the following goals for nutrition education:

1. Students will receive nutrition education that fosters the adoption and maintenance of healthy eating behaviors.
2. The food service staff, teachers, and other school personnel will coordinate the promotion of nutrition messages in the cafeteria, the classroom, and other appropriate settings.
3. Educational nutrition information will be shared with families and the general public to positively influence the health of students and community members.

PHYSICAL
ACTIVITY

The District shall implement, in accordance with law, a coordinated health program with physical education and physical activity com-

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ponents and shall offer at least the required amount of physical activity for all grades [see EHAB, and EHAC].

In addition, the District establishes the following goals for physical activity:

1. The District will provide an environment that fosters safe and enjoyable fitness activities for all students, including those who are not participating in competitive sports.
2. Physical education classes will regularly emphasize moderate to vigorous activity.
3. The District will encourage teachers to integrate physical activity into the academic curriculum where appropriate.

SCHOOL-BASED
ACTIVITIES

The District establishes the following goal to create an environment conducive to healthful eating and physical activity and to express a consistent wellness message through other school-based activities: sufficient time will be allowed for students to eat meals in lunchroom facilities that are clean, safe, and comfortable.

IMPLEMENTATION

The Superintendent or designee shall oversee the implementation of this policy and shall develop administrative procedures for periodically measuring the implementation of the wellness policy.