Athletic Board Report As of 7.11.13

* ALL SPORTS STRENGTH & CONDITIONING CAMP:

Summer strength and conditioning camp has gone well with an average of about 30 student-athletes per day.

FOOTBALL:

Coordinators will begin meeting on July 15th to plan and organize workout schedules and installation calendar for the offense and defense.

All football staff will report on July 25th to review plans for 2-A-Days practices.

BASKETBALL:

Open gym has attracted about an average of 10 student-athletes per evening.

CROSS COUNTRY:

Continuing to hold voluntary workouts with about an average of 12-15 student-athletes.