

# SCHOOL HEALTH ADVISORY COUNCIL

Aledo ISD  
2016-2017

# PURPOSE OF THE SHAC

- From TEC 28.004[a]:

The purpose of the School Health Advisory Council (SHAC) is, “...to assist the District in ensuring that local community values are reflected in the District’s health education instruction.”



# REQUIREMENT OF THE SHAC

- From TEC 28.004[m]:

The School Health Advisory Council (SHAC) shall, at least annually  
*“...submit a report to the Board on the activities of the SHAC during the period between the date of the current report and the last prior report.”*



# REPORT BY SHAC MEMBERS

- **Robin Caldwell**

Parent representative @ McCall Elementary

- **LeeAnna Parsons**

Parent representative @ McAnally Intermediate



# SHAC MEMBERSHIP

This year the SHAC consisted of 29 voting members:

- 16 parents (not employed by the district)
- 4 students
- 1 campus administrator
- 5 teachers
- 2 nurses
- 1 counselor



# SHAC MEMBERSHIP

The SHAC also included 7 at-large, non-voting members:

- 1 district administrator liaison (Scott Kessel)
- 1 district administrator (Kathy Allen)
- 1 child nutrition representative (Patty Willhite)
- 1 lead district nurse (Laura Satterfield)
- 1 AISD police officer (Aaron Callahan)
- 2 community representatives:
  - Fr. Jay Atwood (St. Francis of Assisi)
  - Dr. Gina Fowler (local pediatrician)



# MEETING DATES

Five SHAC meetings were held during the 2016-2017 school year:

- October 3, 2016
- November 14, 2016
- January 23, 2017
- February 27, 2017
- May 1, 2017



# HIGHLIGHTS FROM SHAC - 2016-2017

**October 3, 2016**

Introductions of members

Reviewed SHAC purpose and mission

Reviewed meeting structure

Voted to approve future meeting dates/time

Nominated and voted to approve parent Co-Chair





# HIGHLIGHTS FROM SHAC - 2016-2017

**October 3, 2016**

Reviewed SHAC bylaws, recommended no changes



# HIGHLIGHTS FROM SHAC - 2016-2017

## October 3, 2016

Listened to presentation from McAnally Intermediate to implement Morning Mile program:

- Presented by Kaylee Sears, McAnally Intermediate PE teacher
- Before-school program to promote running and fitness with students
- SHAC approved to use at all campuses, though initial implementation set to take place at McAnally



# HIGHLIGHTS FROM SHAC - 2016-2017

**October 3, 2016**

**Discussed SHAC Subcommittee on Physical Fitness:**

- Change in reporting software in spring of 2016 delayed availability of reports
- Plan for 2016-2017 school year will be to review 15-16 data in fall and make recommendations from that
- Membership of subcommittee selected by volunteering; 6 members



# HIGHLIGHTS FROM SHAC - 2016-2017

**October 3, 2016**

**Cultural Inclusiveness Planning:**

- Foundational discussion took place to lay groundwork for philosophy and need for a plan in Aledo ISD
- Timeline was produced to monitor plan development through 5 scheduled meetings of this year
- Members were divided into groups to begin development of Vision Statement for plan



# HIGHLIGHTS FROM SHAC - 2016-2017

**November 14, 2016**

Reviewed SHAC bylaws (one more time), recommended no changes



# HIGHLIGHTS FROM SHAC - 2016-2017

## **November 14, 2016**

The work of the Subcommittee on Physical Fitness was reviewed:

- Subcommittee met on November 10 and were given 2015-2016 FitnessGram data to review
- Subcommittee scheduled to reconvene on December 10 to discuss recommendations



# HIGHLIGHTS FROM SHAC - 2016-2017

**November 14, 2016**

**Cultural Inclusiveness Planning:**

- Members returned to group work and refined possible vision statements to Cultural Inclusiveness Plan
- Vote was taken to approve Vision Statement for plan; passed unanimously
- Vision statement for Cultural Inclusiveness Plan as approved is: *The Aledo ISD community actively embraces and celebrates culture and diversity through education and communication*



# HIGHLIGHTS FROM SHAC - 2016-2017

**January 23, 2017**

**Cook Children's 5-2-1-0 Healthy Lifestyles program:**

- Listened to presentation from Jammie Josephson from Cook Children's regarding their outreach program called *5-2-1-0 Healthy Lifestyles*
- The numbers 5-2-1-0 represent the recommendations for kids to live a healthy life: 5 is five servings of fruits and vegetables per day; 2 is two hours or less of recreational screen time per day; 1 is one hour of vigorous physical activity per day; and 0 is zero drinks with added sugar per day
- Program would be targeted toward 3<sup>rd</sup>-4<sup>th</sup> grade students and delivered through PE classes
- Members voted unanimously in favor of approving this program





# HIGHLIGHTS FROM SHAC - 2016-2017

**January 23, 2017**

**Subcommittee on Physical Fitness:**

- Subcommittee on Physical Fitness met again on January 10 to review FitnessGram data and consider recommendations
- Recommendations from the subcommittee were presented to the SHAC membership and discussed
- Recommendations included standardizing the administration across campuses and levels, incentivizing the activities for students, and providing additional time for training and planning for teachers who administer the FitnessGram instrument



# HIGHLIGHTS FROM SHAC - 2016-2017

**January 23, 2017**

## **Cultural Inclusiveness Planning:**

- Members worked in groups to begin identifying goals to accomplish the vision established for the plan
- Small groups, then the whole membership initially identified 6 goals, but after further discussion and reflection, the 6 were condensed down to 3
- The 3 goals established for the plan were: 1) Promote knowledge of community and global diversity; 2) Provide a safe school environment that embraces inclusiveness; and 3) Encourage cultivation of relationships and activities that celebrate our diversity
- The membership voted unanimously to approve these goal statements



# HIGHLIGHTS FROM SHAC - 2016-2017

**February 27, 2017**

**Child Nutrition update:**

- **Patty Willhite, Child Nutrition Director, provided samples of food available through Child Nutrition department in Aledo ISD**
- **Members received information on Child Nutrition department including laws that govern menus, promotional activities the department does, and safety procedures and training provided to Child Nutrition staff**



# HIGHLIGHTS FROM SHAC - 2016-2017

**February 27, 2017**

**Aledo ISD Wellness Policy:**

- Kathy Allen, Executive Director of Curriculum & Instruction, gave an overview of the current AISD Wellness Policy
- Members were told that changes to the Wellness Policy were necessary and their input was going to be necessary
- The proposed changes would be sent to SHAC membership prior to the next meeting, and any potential need for updates would be discussed at that meeting



# HIGHLIGHTS FROM SHAC - 2016-2017

**February 27, 2017**

**Cultural Inclusiveness Planning:**

- Learning activities/objectives were discussed to align with previously established goals statements
- In small groups, members devised activities or objectives to list under each of the approved goal statements; large group reviewed and discussed ideas from smaller group and combined/edited statements down to a few under each goal
- Consensus was reached to list 5 objectives under goal #1; 5 objectives under goal #2; and 4 objectives under goal #3
- No vote was taken to approve at this meeting; more time would be given to reflect and consider changes at next meeting



# HIGHLIGHTS FROM SHAC - 2016-2017

**May 1, 2017**

Parental consent letters:

- Members considered approval of consent letters to be used with parents for three previously-approved programs for the 2017-2018 school year
- The three programs include: REAL Essentials human sexuality program; LifeLines suicide prevention program; and p.a.p.a. parenting and paternity awareness program
- Each of the letters were unanimously approved for use for next year



# HIGHLIGHTS FROM SHAC - 2016-2017

**May 1, 2017**

**Too Good for Drugs Survey:**

- The Too Good for Drugs curriculum was approved by the SHAC and Board of Trustees during the 2015-2016 school year
- The entity that delivers this curriculum – Serenity House treatment facility – would like to use a survey to collect data after implementation of the curriculum
- The survey was put before the SHAC members and considered for use
- The SHAC voted 10-3 against using the survey at this time, citing lack of relevance to the curriculum



# HIGHLIGHTS FROM SHAC - 2016-2017

**May 1, 2017**

**Aledo ISD Wellness Policy:**

- The proposed revision of the Aledo ISD Wellness Policy (FFA Regulation) was sent to the members prior to the meeting and reviewed during the meeting
- Kathy Allen, Executive Director of Curriculum & Instruction, reviewed the changes and asked for feedback
- Because a quorum was no longer available at this meeting, an online vote would be pushed out to all voting members following the meeting





# HIGHLIGHTS FROM SHAC - 2016-2017

**May 1, 2017**

## **Cultural Inclusiveness Planning:**

- A final draft of the cultural inclusiveness plan was put forth to members
- The activities/objectives established from previous meeting were reviewed and discussed; the name of these items was changed from activities/objectives to competencies as it is believed to more accurately describe what they will do, which is to promote competency in those areas
- A process for implementation of the plan as well as monitoring and evaluation was drafted prior to the meeting by district and campus administrators; a process that included insertion of the Cultural Inclusiveness Plan into individual Campus Improvement Plan and ultimately into the revision of the District Strategic Plan
- This process as well as the competencies were again reviewed and feedback was requested
- Because a quorum was no longer available at this meeting, an online vote would be pushed out to all voting members following the meeting for final approval of the plan



# QUESTIONS

