

Lorna Byrne Middle School

The Weekly Viking

101 **S.** Junction Avenue, Cave Junction, OR 97523 рh. 541.592.2163 Fax: 541.592.4851





Notes From the Office...

Please remember that there is no school on January 16th, Martin Luther King Day.

Also, January 19th is the end of first semester. Students need to have all their first semester work turned in within 10 days after the end of the semester. Please contact your students teachers if you have any questions regarding their performance so far. Time is flying by this year, and we want all of our students to do their very best.

The Book Shelf LBMS Library News



Vikings,

Great News! Some of the newest graphic novels I ordered are now available in the library...Check the stand next to the old graphic novels, look for the New Graphic Novels sign next to my office!

Mr. Jensen

Cassie's Corner...

Student Scholarship Opportunity

The Belt Masonic Lodge- \$250 scholarship to an **8th** grade student who is interested in a vocational/technical education and/or career after high school.

Requirements:

- 2.0 GPA- Passing all classes during time at LBMS (we can check this information for a student if they are unsure)
- Participated in some extracurricular activities and/or community service
- Students will need to write a short statement about their educational goals and how life experiences and education has prepared them so far
- List two references with contact information
- Answer some other basic questions on the application
- Parent/Guardian will need to sign the application

Contact Cassie Banuelos (school counselor) with any questions you may have or for an application 541 592-2163 x-3035

Applications due by mid March!







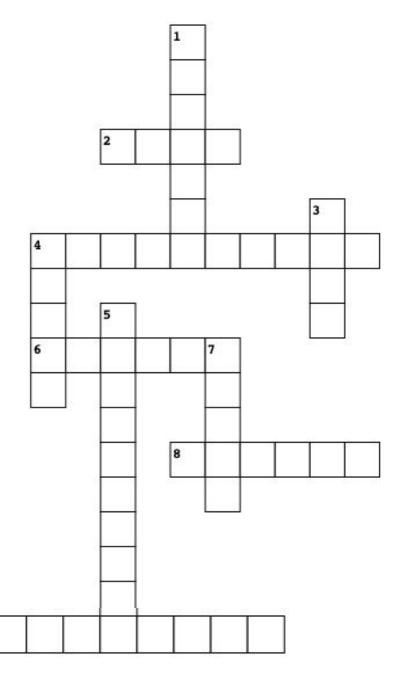












SCHOOL SUPPLIES

THE FIRST TWO
STUDENTS TO BRING
THIS COMPLETED TO
MR. JENSEN BY
JANUARY 19TH WILL GET
THEIR CHOICE OF A NEW
BOOK TO KEEP FOR
THEIR OWN! YOU CAN
EITHER PRINT THIS PAGE
AT HOME OR PICK ONE
UP IN THE LIBRARY.

Across

- 2. I'm sticky, but not sweet
- 4. I'm always looking for an angle
- 6. I exist because everyone makes mistakes
- 8. Sharpen me and I'll sharpen you
- 9. I steal work from my friend the stapler

Down

- 1. I join 4 down together
- 3. I have a spine, but not a face
- 4. Lined, three-holed, or scratch
- 5. Before computers, I was every kids favorite shortcut
- 7. I don't sit on a throne, and I'm only a foot tall

Healthy Air Fryer Cooking

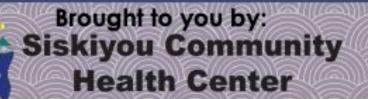
Wednesday, January 18, 2023 5:30 pm – 6:30 pm

Lorna Byrne Middle School Library

Join us for a FREE kid-friendly cooking class focused on easy Air Fryer cooking. We are giving away 6 FREE AIR FRYERS and \$25 Gift Cards!

ALL ARE WELCOME

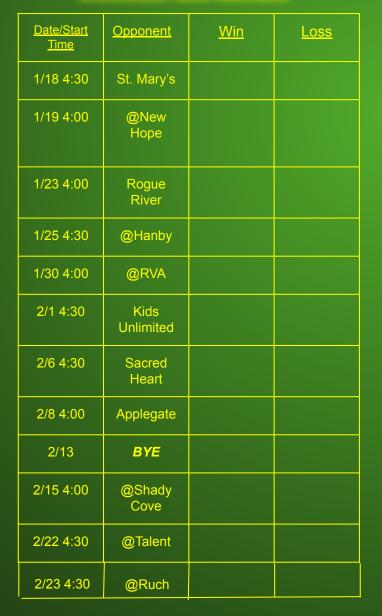
Food will be provided



Lorna Byrne Middle School SPORTS



Lady Vikings Basketball Schedule and Results





Vikings Wrestling Schedule and Results

<u>Date</u>	<u>Location</u>	<u>Podium</u>
Tues. 1/17	@South Middle	
Thurs. 1/19	@Eagle Point	
Tues. 1/24	@North Middle	
Thurs. 1/26	@Ashland	
Tues. 1/31	@Fleming	
Thurs. 2/2	@Cascade Christian	
Tues. 2/7	Lorna Byrne	// //
Thurs. 2/9	@North Middle	

Conference Meet - 2/12

6th Grade Districts - 2/14 @ North Middle 7th Grade Districts - 2/15 @ Rogue River 8th Grade Districts - 2/16 @ Talent

Mondays: JV first game..Wednesdays: Varsity first game

LBMS LUNCH Menu

17

American Classics

- · Home-style Beef and Bean Chili
- Tortilla Chips
- Low Fat Sour Cream
- BBQ Chicken Salad
- Dinner Roll

Pizza

- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Supreme Pizza

Grill

- Classic Cheeseburger in Bun
- Classic Chicken Sandwich

So Deli

- Sliced Turkey Ham
- Deli Turkey
- · Chicken Salad Sub
- American Cheese
- Provolone Cheese
- · Whole Grain Hoagie
- Whole Grain Sliced Bread
- Soft Flour Tortilla
- Shredded Lettuce
- Sliced Tomatoes
- Pickles

Fruit & Vegetable Bar

- Fresh Red Delicious Apple
- Fresh Banana
- Chilled Peaches
- Spinach & Romaine Salad
- Carrot & Celery Sticks
- Sliced Cucumbers

Milk & Condiments

- 1% Low-fat Milk
- Chocolate Fat Free Milk
- · Creamy Ranch Dressing
- BBQ Sauce
- Mayo
- Yellow Mustard
- Ketchup
- Pickles

18

American Classics

- BBQ Pulled Pork Sandwich
- Carolina Slaw
- BBQ Chicken Salad
- Dinner Roll

Pizza

- Classic Cheese Pizza
- Buffalo Chicken Pizza
- Supreme Pizza

Grill

- Spicy Chicken Sandwich
- Classic Chicken Sandwich

So Deli

- · Sliced Turkey Ham
- Deli Turkey
- · Chicken Salad Sub
- American Cheese
- · Provolone Cheese
- Whole Grain Hoagie
- Whole Grain Sliced Bread
- · Soft Flour Tortilla
- · Shredded Lettuce
- Sliced Tomatoes
- Pickles

Fruit & Vegetable Bar

- · Fresh Red Delicious Apple
- Fresh Banana
- · Fresh Orange Wedges
- Blueberries
- · Carrot & Celery Sticks
- · Corn Salad with Ranch
- Green Peas

Milk & Condiments

- 1% Low-fat Milk
- Chocolate Fat Free Milk
- Creamy Ranch Dressing
- BBQ Sauce
- Mayo
- Yellow Mustard
- Ketchup
- Pickles

19

American Classics

- Beef Nachos
- Pork Carnitas
- Pico de Gallo
- Sliced Jalapenos
- Shredded Lettuce
- Low Fat Sour Cream
- Mexican Style Refried Beans
- BBQ Chicken Salad
- Dinner Roll

Pizza

- Classic Cheese Pizza
- Buffalo Chicken Pizza
- Hawaiian Pizza

Grill

- · Classic Cheeseburger in Bun
- Classic Chicken Sandwich

So Deli

- · Sliced Turkey Ham
- Deli Turkey
- Chicken Salad Sub
- American Cheese
- Provolone Cheese
- Whole Grain Hoagie
- · Whole Grain Sliced Bread
- Soft Flour Tortilla
- Shredded Lettuce
- Sliced Tomatoes
- Pickles

Fruit & Vegetable Bar

- Fresh Red Delicious Apple
- Fresh Banana
- Strawberries
- Chilled Diced Pears
- Spinach & Romaine Salad
- · Carrot & Celery Sticks
- Fresh Tomato Wedges

Milk & Condiments

- 1% Low-fat Milk
- Chocolate Fat Free Milk
- Creamy Ranch Dressing
- BBQ Sauce
- Mayo
- Yellow Mustard
- Ketchup



21st Century Before & After School Classes

For sign-ups or more information, contact Tabatha at LBMS M-Th @ 541.592.2163 ext. 3006

JANUARY 2023



Lorna Byrne Middle School 21st Century Programming

Sur	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
1	NO SCHOOL	3 Triple Play 7:30am-8:30am SMILE CLUB (7th & 8th) 4:00pm-6:00pm Academic Support 4:00-6:00pm Pokemon League 4:00-6:00pm	4 Triple Play 7:30am-8:30am 3D Printing 4:00pm-6:00pm Dream Builders 4:00-6:00pm Academic Support 4:00-6:00pm	5 Triple Play 7:30am-8:30am Mediator Club 4:00-6:00pm Academic Support 4:00-6:00pm	RiverSTARS! 10:00-11:00 Intergenerational Open Class 11:00-12:00 Adult Open Community Class 12:00-12:30 BREAK 12:30-2:00 EverStars Theatre and Dance 2:00-4:00 ArtNovas Theatre and Dance	7	
8	9 Triple Play 7:30am-8:30am Grangers Book Club 4:00-6:00pm	10 Triple Play 7:30am-6:30am SMILE CLUB (5th & 6th) 4:00pm-6:00pm Pokemon League 4:00-6:00pm Drama Club 4:00-6:00pm	11 Triple Play 7:30am-8:30am 3D Printing 4:00pm-6:00pm Academic Support 4:00-6:00pm	12 Triple Play 7:30am-8:30am Mediator Club 4:00-6:00pm Academic Support 4:00-6:00pm Drama Club 4:00-6:00pm	RiverSTARS! 10:00-11:00 Intergenerational Open Class 11:00-12:00 Adult Open Community Class 12:00-12:30 BREAK 12:30-2:00 EverStars Theatre and Dance 2:00-4:00 ArtNovas Theatre and Dance	14	
15	NO SCHOOL	17 Triple Play 7:30am-8:30am SMILE CLUB (7th & 8th) 4:00pm-6:00pm Academic Support 4:00-6:00pm Pokemon League 4:00-6:00pm Drama Club 4:00-6:00pm	18 Triple Play 7:30am-8:30am 3D Printing 4:00pm-6:00pm Dream Builders 4:00-6:00pm Academic Support 4:00-6:00pm	19 Triple Play 7:30am-8:30am Mediator Club 4:00-6:00pm Academic Support 4:00-6:00pm Drama Club 4:00-6:00pm	RiverSTARS! 10:00-11:00 Intergenerational Open Class 11:00-12:00 Adult Open Community Class 12:00-12:30 BREAK 12:30-2:00 EverStars Theatre and Dance 2:00-4:00 ArtNovas Theatre and Dance	21	
22	23 Triple Play 7:30am-8:30am Grangers Book Club 4:00-6:00pm	24 Triple Play 7:30am-8:30am SMILE CLUB (7th & 8th) 4:00pm-6:00pm Academic Support 4:00-6:00pm Pokemon League 4:00-6:00pm Dokumon Club 4:00-6:00pm	25 Triple Play 7:30am-8:30am 3D Printing 4:00pm-6:00pm Dream Builders 4:00-6:00pm Academic Support 4:00-6:00pm	26 Triple Play 7:30am-8:30am Mediator Club 4:00-6:00pm Academic Support 4:00-6:00pm Drama Club 4:00-6:00pm	RiverSTARS! 10:00-11:00 Intergenerational Open Class 11:00-12:00 Adult Open Community Class 12:00-12:30 BREAK 12:30-2:00 EverStars Theatre and Dance 2:00-4:00 ArtNovas Theatre and Dance	28	
29	Triple Play 7:30am-8:30am Grangers Book Club 4:00-6:00pm	31 Triple Play 7:30am-8:30am SMILE CLUB (7th & 8th) 4:00pm-6:00pm Academic Support 4:00-6:00pm Pokemon League 4:00-6:00pm Drama Club 4:00-6:00pm	Please email Tabatha with any questions tabatha.siemer@threerivers.k12.or.us or call (541)592-2163 x3006				

Stay tuned for the starting dates and signup information regarding our Drama class and our new Cooking Class...Coming Soon!!!