

**Duluth Area Schools
Lettering Program Requirements
For Figure Skating**

Objectives

1. To offer high school club activity status for figure skaters.
2. To recognize the accomplishment, time commitment and athleticism of figure skaters with a letter award to those who meet the requirements.

Qualifications and Letter Requirements

1. The figure skater must be a current student of a Duluth Area School enrolled in grades 9 -12. They must also be a home club member-in-good standing of the Duluth Figure Skating Club (DFSC), a member of the United States Figure Skating Association (USFS). The figure skater is responsible for all requirements of these criteria and for submitting all required documentation.
2. The figure skater must follow the Minnesota State High School League rules of eligibility and conduct.
3. The figure skater must train under the supervision of an approved DFSC professional coach.
4. The figure skater needs to submit the necessary documentation to a DFSC board member for verification which must include total hours skated, ordinal sheets from competitions, forms from tests attempted or completed, etc. A requirement form is available on the DFSC website (duluthfsc.org). This form must be submitted before the end of April of the current membership year.
5. Figure skating must be performed at a High School Varsity level or higher as follows:
 - a. The figure skater must skate a minimum of 150 hours during the skating season. For the purpose of this program, the skating season will run APRIL 16 – APRIL 15th. The requirement is actual time dedicated to figure skating, so just contracting the ice is not sufficient. To be included in the required skating hours, the skater must skate on DFSC ice, other USFS affiliated clubs ice,
Hours will be counted as follows:
 - 1 hour = 1 hour on or off ice (off ice classes, seminars)
 - Ice show dress rehearsals will count towards ice time and will equal the number of hours you are required to be at the rink (i.e. first half of the show 1.5 hours = 1.5 hours);
 - Competitions will count as 1 hour per event you compete in; practice ice purchased for the Competition will also count towards total required time; minutes purchased = minutes skated etc..

- b. The figure skater must have passed the USFS Intermediate Freeskate.
- c. The figure skater must attempt (not necessarily pass) at least one USFS official test per skating season, with the exception of a skater who has passed their Senior Moves in the Field and/or Freeskating test.
- d. The figure skater must participate in at least 3 “public” events per skating season. These events could be:
 - Competitions – each entered event qualifies, i.e., short program and long program at one competition qualifies for 2 events.
 - Annual DFSC Ice show, Christmas shows, hockey games or other USFS sanctioned events.

Once a figure skater has attained letter status, a bar can be earned for each subsequent year if the skater has fulfilled all of the above requirements for that season until a skater graduates.